

P.I.G. GOVERNMENT COLLEGE FOR WOMEN, JIND

WOMEN CELL

Activities Conducted in Women Cell 2023-24

1. Organised Lecture on Menstrual Hygiene on 30th September 2023 in collaboration with Swastik Care group working on the same issue. Mrs. Sangeeta delivered the lecture. 153 students participated in this event.
2. Female Safety Awareness Workshop was organised on 30th September 2023 in collaboration with "Aparajita-a Amar Ujala Foundation initiative" to create awareness about female health and personal hygiene.
3. For the safety and security of girl students Counselling of students was done with the help of Police Dept. Safety App 112 was installed in the mobiles of the students for their security purpose.
4. An informative lecture was delivered by Sh. Jainarain Gehlawat during Awareness Campaign towards Female rights organised by Women-Cell on 28.11.23.
5. Organised 3-day Fine Art Workshop from 4-6 December 2023. In this workshop six sessions were held to inculcate creative skills like: Collage making, Rangoli, Painting, Clay Modelling, Sanjhi-making. Sh. Satyaraj, Folk Artist guided students during the workshop.
6. 5-day Yoga Workshop was organised from 30.01.2024 to 03.02.2024 in joint collaboration of Women Cell and NSS where Sh. Dalbir Sharma and Smt. Ila Sharma imparted techniques of Yoga and Pranayama to students for peaceful and stressfree life.
7. Lectures on "Legal Awareness" and was delivered by Adv. Smt. Anjali Kaushik, on 10.02.2024. 110 students attended the Lecture."
8. Lectures on "Stress Management" and "Tension Free Life" were delivered by Dr. Vivek Singla, Motivational Speaker on 13.02.2024 during one day workshop organised by Women Cell
9. Lectures on 'Personality Development' and "Effective Communication Skills" were delivered on 22.02.2024 by Sh. Sanjeev Tayal, Assistant Professor, B.M.U. Rohtak.
10. Lecture on 'Mobile Deaddiction' was delivered on 23.02.2024 by Sh. Naresh Jaglan, Psychologist and Motivational Speaker.
11. 50 Students and Teachers from Women Cell participated in the Women's Week Celebration in CRSU Jind from 4-7 March 2024 on the occasion of International Women's Day.

The following faculty members bagged positions in Teacher's Category:-

- 1) Dr. Reetu - 2nd position in Ethnic Fashion Show Competition
- 2) Dr. Himanshu Garg - 1st Position in Rangoli Competition
- 1st position in Master Chef competition
- 3rd position in Mahendi Competition
- 3rd position in Photography Competition.
- 3rd position in Poster Making Competition.

Among students category

- 1) Anshu of B.Sc. Med. III - got 1st Position in Mehendi Competition
 - 2) Dhanisha of B.A.-I Eng Hons bagged - 1st position in Photography
- 1st position in Fashion Show
- 2nd Position in Poster Making competition.
 - 3) Jyoti of B.A.-I Eng Hons - 2nd Position in Rangoli Competition
 - 4) Shobha of B.A. - 1st position in Cycling Competition.
12. Drug Awareness programme was organised by Women Cell on 21.03.2024 Sh. Sajjan PRO to DGP Hisar Range delivered insightful lecture to students during this campaign. Traffic Inspector Sh. Naresh Kumar delivered lecture on Cyber Crime.

13. Women Cell purchased 9 Carpets of Size 32 x 6", Advanced MFP and cordless mike and sound system for addressing small group of students during the session 2023-24 in the college.

14. Various Competitions namely Poetry Speech, Dance and Singing were organised to celebrate International Women's Day on 07.03.2024.

1) Poetry Competition on eve of International Women's Day was organised on 07.03.2024

- | | |
|-----------------------------------------------|--------|
| a. Priyanka d/o Bhiya Ram (BA III, Geog Hons) | First |
| b. Sonu d/o Rameshwar (BA I, Geog Hons) | Second |
| c. Monika d/o Satbir (BCom III) | Third |

2) Speech Competition on eve of International Women's Day was organised on 07.03.2024

- | | |
|-----------------------------------------------|--------|
| a. Sanjana d/o Ramesh (BA I, Geog Hons) | First |
| b. Ozasi Soni d/o Anoop Singh (BSc 1 Med) | Second |
| c. Priyanka d/o Bhiya Ram (BA III, Geog Hons) | Third |

3) Dance Competition on eve of International Women's Day was organised on 07.03.2024

- | | |
|---------------------------------------------|--------|
| a. Preeti d/o Ved Prakash (BA III Eng hons) | First |
| b. Khusbu d/o Manoj Kumar (BCom III) | Second |
| c. Neeru Devi d/o Jaibhagwan (BA II) | Third |

4) Singing Competition on eve of International Women's Day was organised on 07.03.2024

- | | |
|------------------------------------------------|--------|
| a. Divyanshi d/o Davinder Kumar (BA I) | First |
| b. Nainka d/o Parveen Nain (BA III, Geog Hons) | Second |
| c. Sanjana d/o Ramesh (BA I, Geog Hons) | Third |

Committee Members

S. Ashu
Nodal Officer
Women Cell

P. G. Jind
Principal
P.G. GCW Jind

1. Dr. Alpana Sharma *Alpana*
2. Dr. Reetu *Reetu*
3. Dr. Monika *Monika*
4. Dr. Himanshu *Himanshu*
5. Dr. Sonu Kansal *Sonu*
6. Smt. Sanju Bala *Sanju*
7. Smt. Renu Bala *Renu*