### **Subject:- History Session 2025-26**

### Lesson Plan: Narender Kumar Associate Professor

## B.A. (History 1<sup>st</sup> Year) 1<sup>st</sup> Semester Paper:- Ancient History of India

#### . Unit 1 (August 2025)

- 1. Sources of Ancient India: Types and Uses
- 2. Stone Age: Food gathering hunting stage; Food producing stage
- 3. Harappan Civilization: Origin, Extent and Town Planning; Economy and Religion; Problem of Decay
- 4: The Vedic Age: Society, Economy, Polity and Religion

### Unit 2 (September 2025)

- 1. Second Urbanization and the rise of Territorial States
- 2. New Religious Movements: Jainism & Buddhism
- 3. Mauryan Empire: Formation and Consolidation, Ashoka's Dhamma, Social and Economic conditions, Decline of Empire

#### Unit 3 (October 2025)

- 1. Post Mauryan Age: The Kushanas, Sangam Age: Satavahanas, Cholas and Pandyas.
- 2. Gupta Empire: Formation and Consolidation, Contribution to Indian Culture
- 3. Pushpabhutis: Harshvardhan, Tripartite Struggle, Historical Background to the Establishment of Delhi Sultanate.

#### November 2025 Map Work and Uncovered Chapters

# B.A. 2<sup>nd</sup> Year History (3<sup>rd</sup> Semester) Paper: - Modern History of India

#### Unit 1 (August 2025)

- 1. Decline of Mughal Empire and the rise of successor states; Advent of European Powers.
- 2. British Conquest: Bengal, Mysore, Marathas, Awadh, Sind and Punjab
- 3. 18th Century in Indian History: Society and Economy.

#### Unit 2 (September 2025)

- 1. British Administration, Economic and Foreign Policies
- 2. Social and Economic Impacts and Cultural Renaissance
- 3. Early resistance and Revolt of 1857

#### Unit 3 (October 2025)

- 1. Emergence of National Movement; Revolutionary
- 2. National Freedom Movement (1885-1947)
- 3. Emergence of Communal Politics and Constitutional Development

#### November 2025 Map Work and Uncovered Chapters

M

### **Subject:- History Session 2025-26**

### Lesson Plan: Narender Kumar Associate Professor

# B.A. 3<sup>rd</sup> Year History (5<sup>th</sup> Semester)

### Paper:- History of Freedom Movement

#### **Unit 1 (August 2025)**

- 1. Uprising of 1857: Causes, Expansion and results.
- 2. Causes of Emergence of Nationalism
- 3. Establishment of Indian National Congress.
- 4. Socio-Religious Reforms Movements: Brahm Samaj, Arya Samaj and Ramakrishan Mission.

#### Unit 2 (September 2025)

- 1. Movements of India National Congress-Swadeshi Movement, Home Rule Movement.
- 2. Emergence of Mahatma Gandhi: Non-cooperation Movement, Civil Disobedience Movement and Quit India Movements.

#### Unit 3 (October 2025)

- 1. Hindustan Socialist Republish Association Revolutionary Movements.
- 2. Forward Block and Indian National Army.
- 3. Partition and Independence of India

· November 2025 Map Work and Uncovered Chapters

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### Subject:- History Session 2025-26

### Lesson Plan: Narender Kumar Associate Professor

### 1st Semester (MDC History) Paper: - Glimpses of Ancient India

#### **Unit 1 (August 2025)**

- 1. Harappan Civilization: Origin, Extent, Urbanization, Society, Economy and Decline .
- 2. Vedic Age: Religion, Polity, Society and Economy
- 3. Religious Movements: Buddhism and Jainism

#### Unit 2 (September 2025)

- 1. Mahajanapada: Rise of Magdha Empire.
- 2. Mauryan Empire: Chandragupta Maurya and Ashoka'
- 3. Post-Mauryan State: Kushanas and Satavahanas

#### Unit.3 (October 2025)

- 1. Gupta Empire: Conquests of Samudragupta and Chandragupta II; Administration of Guptas
- 2. Post-Gupta Period: Pushpabhuties and Chalukayas
- 3. Triangular Struggle for Hegemony of Kannauj

### Unit 4 (November 2025)

- 1. Polity and Administration of Cholas
- 2. Rise of Rajputs with Special Reference to Tomars
- 3. Mahmood Ghaznavi and Muhammad Ghori: Conflicts with Indian States and its Impact

# 3<sup>rd</sup> Semester (MDC History) Paper:- Glimpses of Mödern India

#### **Unit 1 (August 2025)**

- 1. Establishment of the British Rule: Battle of Buxar and its Aftermath
- 2. Expansion of British Rule: Mysore and Marathas
- 3. Consolidation of British Rule: Subsidiary Alliance System
- 4. Annexation of the States of Punjab, Sindh and Awadh

#### Unit 2 (September 2025)

- 1. Uprising of 1857: Causes, Expansion and Results
- 2. Government of India Act of 1858 and the Beginning of the Crown's Regime
- 3. Socio-Religious Reform Movements: Brahmo Samaj, Arya Samaj, and Ramkrishan Mission

### Unit 3 (October 2025)

- 1. Emergence of Indian National Movement under the Congress
- 2. Political Reforms of 1909 and 1919 3.
- 3. Revolutionaries in National Movement with special reference to Bhagat Singh

#### Unit 4 (November 2025)

- 1. Mahatma Gandhi and Indian Nationalism: Non Cooperation. Civil Disobedience and Quit India Movements.
- 2. Subhash Chandra Bose and INA.
- 3. Communal Politics, Partition and Independence

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