PRIYADARSHINI INDIRA GANDHI GOVERNMENT COLLEGE FOR WOMEN, JIND

(AFFILIATED TO C.R.S.U. JIND)

NAAC ACCREDITED 'GRADE-B'

ANAHITA

THE COLLEGE MAGAZINE

2025-2026



Near Civil Hospital, Gohana Road, Jind (HR126102)

01681-249581

gcwjind@yahoo.com

http://piggcwjindac.in



TABLE OF CONTENTS

MESSAGES AND EDITORIAL BOARD

- PRINCIPAL'S MESSAGE
- MESSAGE FROM CHIEF EDITOR
- MESSAGE FROM SUB-EDITOR
- EDITORIAL BOARD
- STUDENTS TECHNICAL TEAM

ARTICLES 1-43

A GLIMPSE OF ACTIVITIES 44-82

- DISTRICT LEVEL SCIENCE EXHIBITION
- COLLEGE LEVEL SCIENCE EXHIBITION
- COMPUTER DEPARTMENT
- ECONOMICS DEPARTMENT
- COLLABORATION ACTIVITIES
- 4TH WORLD STATISTICS DAY CELEBRATION
- LEGAL LITERACY
- INTER ZONAL YOUTH FESTIVAL
- NCC ACTIVITIES
- NSS ACTIVITIES
- NTF ACTIVITIES
- RED RIBBON CLUB
- YOUTH RED CROSS

NEWS SECTION 83-87

INTERNSHIP PROGRAM 88-90

Principal's Message



J.N. GAHLAWAT

Principal

Dear Students,

I'm delighted to welcome you to this special edition of our college magazine ANAHITA 2025-2026. Every issue of ANAHITA is a celebration of our community's creativity, hard work, and spirit, and this one is no exception. ANAHITA is just not a collection of articles; it's a platform where we share our stories, showcase our talents, and connect with each other. Whether you're reading about groundbreaking research, personal essays or coverage of campus events, you'll find the heart and soul of our community in these pages. As we continue our journey through this academic year 2025-26, it's important to take a moment to appreciate how far we've come and look forward to the exciting opportunities ahead. Our college is a place where ideas flourish, friendships are formed and dreams take flight.

ANAHITA captures all of this and more, serving as a reminder of the incredible things we can achieve together. Big thanks to everyone who has contributed to this edition – your passion and effort shine through every page. And to our readers, I hope you enjoy this issue as much as we enjoyed putting it together. Your stories and insights are what make ANAHITA truly special, so keep them coming! Let's continue to support each other, strive for excellence, and make our college an inspiring place to learn and grow. Thank you for being a part of our wonderful community.

With Warm Regards

MESSAGE FROM EDITOR-IN-CHIEF

It is with great joy and pride that I present this edition of our college magazine. This issue reflects the vibrant spirit of our college community—its ideas, artistic endeavors, achievements, insights, and aspirations.

College life is not solely about academic excellence; it is also about discovering one's voice, exploring new ideas, embracing challenges, and creating meaningful experiences. Through this magazine, we have endeavored to capture these diverse facets of student life and provide a platform for young minds to express themselves.

I am deeply grateful for the valuable contributions of our students, faculty, and everyone who shared their ideas, talents, and insights. My sincere thanks go to the editorial team and our advisors, whose dedication and guidance made this publication possible.

I hope this magazine encourages every reader to reflect, create, question, and dream. May these pages inspire us to celebrate our individuality while fostering the spirit of community that makes our college truly special.

Dr. Monika



Dr. MONIKA

Editor- in- Chief

MESSAGE FROM Sub-Editor



It gives me immense pleasure to put forward a few words in the annual magazine “Anahita”.

It gives such a wonderful platform to the students for a reflection of their creative abilities. ANAHITA is nothing but a glimpse of the peerless skills of our students.

I appreciate the hard work and devotion of the Editorial Board and students.

Wishing you all the best!

Dr. PARTIBHA

Sub-editor



ANAHITA

2025 - 2026

EDITORIAL BOARD



DR. MONIKA

(EDITOR-IN-CHIEF)



DR. PARTIBHA

(SUB EDITOR)



MRS. URMILA SHARMA

(ENGLISH)



MRS. MANISHA

(COMMERCE)



MRS. ESHA

(COMPUTER SCIENCE)



DR. SUMAN

(SANSKRIT)



DR. AASHI

(SCIENCE)



DR. SUMAN KHATAK

(HINDI)



MR. MOHIT RANGI

(HUMANITIES)



MISS JYOTI

(Technical Incharge)



Different Voices, One Vision

STUDENTS TECHNICAL TEAM



SNEHA

BCA (final year)



SHIKSHA

BCA (final year)



RITIKA

BCA (final year)



2025

2026

ARTICLES



BEYOND MARKS: THE STRENGTH THAT TRULY MATTERS

In today's fast-paced world, students face many academic and personal challenges. Pressure of studies, competition, family expectations and fear of failure often affect their mental health, making even small setbacks feel overwhelming.

Many students have personally shared that they hide their preparation for competitive exams, not due to lack of effort, but fear of judgment. When others succeed in their first attempt, they think "What if I don't?" becomes overwhelming. They fear facing family, relatives, and society. It is good to stay silent about your plans and focus on execution. But when silence comes from fear and pressure, it becomes a burden. This hidden stress slowly weakens confidence and in some tragic cases, has even cost lives. No result is greater than life. No comparison is worth losing peace. Every student has their own journey, their own timing, and their own path to success. Therefore, it has become very important to build mental strength among students. Mental strength does not mean avoiding problems, but facing them with confidence and a positive mindset. A mentally strong student can handle failure, stay calm in difficult situations and move forward with hope.

To stay mentally strong during difficult times, students can follow some simple and practical strategies:

- Accept failure as a learning opportunity
- Stay physically active through yoga or exercise
- Practice regular meditation to stay calm & focused.
- Practicing deep breathing daily can improve concentration and emotional balance.
- Spend some time daily in nature to relax and refresh your mind.
- Take small breaks & manage time well.
- Avoid unnecessary comparisons.

A girl once complained to his teacher, "I always fail in small things. I feel like I'm not good enough." The teacher broke a pencil and asked if it was useless now.

The girl said, "Yes, it's broken."

The teacher then sharpened both pieces and said, "Now see, it has become two pencils instead of one. It can still be used with more efficiency." She looked at the girl and said, "Just like this pencil, life may break you sometimes. But it doesn't end your life. You can still grow, improve and become even better".

The girl realized that failures don't destroy us, they shape us. Being broken is not the end, it's a chance to rebuild stronger.

Strong minds create bright futures. Tough times are temporary, but the strength we build lasts forever. Changing the mindset from "I failed" to "I learned" can transform life.

is not the opposite of success, it is a part of success. With the right mindset, students can overcome any challenge. It is our collective responsibility to nurture not just successful students, but strong and resilient individuals.

Dr. Himanshu Garg
Assistant Professor
Deptt. of Computer Science
Govt. College for Women, Jind



COMMERCE

SECTION

Where Ideas Meet Opportunity, and Numbers Shape Success.



THINK | ANALYSE | MANAGE | GROW

FROM CASH TO CLICKS: RBI'S DIGITAL REVOLUTION

A New Era of Money in India
From coins in hand to scans so quick,
India now runs on a digital click.

INTRODUCTION

India is rapidly moving towards a digital economy where cash is no longer the only mode of payment. Under the leadership of the Reserve Bank of India (RBI), systems like the Unified Payments Interface (UPI) and the digital rupee (CBDC) are transforming the way people handle money. These innovations have made transactions faster, easier, and more accessible.

ROLE OF RBI IN DIGITAL TRANSFORMATION

The Reserve Bank of India (RBI) plays a central role in shaping India's digital payment system. It regulates and supervises platforms like UPI to ensure that transactions remain safe, fast, and reliable. The RBI also promotes financial inclusion by encouraging digital payments even in rural areas. Additionally, it has introduced the digital rupee, a government-backed digital currency that ensures trust and stability. Through its policies and innovations, the RBI is guiding India towards a modern and secure financial system.

DIGITAL PAYMENT IN DAILY LIFE

No need for change, no need to wait, Payments now happen in real time, straight. UPI has simplified everyday payments—from buying food to paying travel fares. With just a Smartphone, transactions can be completed instantly, reducing the need to carry cash.

THE FUTURE: DIGITAL RUPEE

A new form of money, safe and clear, The digital rupee is already here.
The digital rupee, introduced by the RBI, is a secure and government-backed currency.
It represents the future of money, offering faster and more reliable transactions.

CONCLUSION

From cash to code, the journey is strong, India's digital future won't take long.
India's digital revolution is changing how money is used in everyday life. With proper awareness and responsible use, it can create a more efficient and inclusive financial system

BY: KHUSHI
CLASS: B.COM. (IST YEAR)
ROLLNO: 1250608083

THE RISE OF QUICK COMMERCE: A STUDENT'S GUIDE

Quick commerce or q-commerce is reshaping shopping with ultra fast deliveries that thrill college students everywhere. Building on its explosive growth, it is a game-changer for busy college students who need fast solutions without stepping out.

EXPLOSIVE GROWTH DRIVERS

India's q-commerce market has skyrocketed from $3.34 billion today to a projected $ 9.95 billion by 2029, powered by popular apps like Blinkit, Zepto, Instamart and Bigbasket now. The perfect storm of affordable Smart phones, seamless UPI digital payments and compact neighborhood warehouses known as "dark stores" enables this lightning speed. Post-COVID lockdown shifted habits permanently, with Gen Z students leading the charge-craving instant gratification for everything from every drink to study stationery.

TECHNOLOGY BEHIND THE MAGIC

Smart AI algorithms analyze your post orders to predict and stock hot items in nearby dark stores, ensuring bike riders zoom them out in minutes. Over 85% of orders are small-ticket ones under ₹500, like midnight ramen, chips or painkillers during exam marathons. Now
local students in cities like Panipat or Delhi place 3-5 orders weekly for personal care, quick meals or emergency supplies, beating traditional kirana stores on variety and speed.

TOP WINS FOR STUDENT LIFE

- Ultimate time-saver: order fresh curd or print paper at 11 PM without market queues, freeing hours for B.Com notes or group projects.
- Smart Impulse Buys: sudden chip cravings? Delivered fresh in minutes, not hours of waiting
- Peer Gig Opportunities: millions of delivery jobs for fellow students and youth in your city, building skills in logistics.

REAL CHALLENGES ON THE ROAD

Ultra-fast pace exhausts riders with long hours in traffic, while quality dips can deliver wilted veggies or expired snacks. Impulses busy inflate sending- q-commerce lifts total purchases by 6- 8% through tempting add-ons. Sustainability lags too; more electric bikes, reusable packaging and rural hyper local hubs are urgent fixes.

WIDER IMPACTS

Beyond convenience, it empowers women riders in gig roles and links small farmers directly to dark stores for fresher produce.

Challenges include traffic snarls delaying rural deliveries, but hyper local hubs are expanding to tier-2 towns fast. Overall, it sparks smarter spending- students buy 15% less wastefully thanks to portioned packs.
Students, you're not just ordering snacks- you're influencing the future of commerce, one tap at a time, lead the charge!

NAME: SAKSHI
CLASS: B.COM (IST YEAR)
ROLLNO: 1250608055

STRESS MANAGEMENT AMONG STUDENTS

Introduction :-
In today's competitive world, students face a lot of pressure related to studies, exams, and career expectations. While a little stress can motivate students to work hard, too much stress can negatively affect their mental health. Therefore, stress management has become very important in student life.

Causes of stress in Student life :-
Students often feel stressed due to heavy syllabus, exam pressure, comparison with others, and fear of failure. Many students believe that marks decide their future, which increases anxiety and tension. This pressure sometimes becomes so serious that students are not sometimes becomes so serious that students are not able to handle it properly.

Real life example of Academic stress :-
A recent real life example shows how dangerous academic stress can be. After the CBSE class 10 results were declared, a student in Gurugram felt very disappointed with his marks and took an extreme step due to stress. This incident clearly shows that students are under a lot of mental pressure and need proper support and guidance.

Effects of stress on students :-
Stress can affect students in many ways. It can reduce concentration, disturb sleep, lower confidence and create negative thinking. If not managed properly, it can also lead to serious mental health issues.

Role of Time Management in Reducing Stress :-
There are several ways to manage stress effectively. One of the most important methods is time management. Students should plan their studies properly and avoid last- minute preparation.

Importance of Healthy Lifestyle :-
Maintaining a healthy lifestyle is also a very important. It includes regular exercise, proper sleep, and a balanced diet which help in reducing stress. These all measures are done if the time is properly use with the help of management.

Positive Thinking :-
Another important factor is positive thinking. Students should understand that marks are not everything and failure is a part of learning. Talking to friends, parents, or teachers can also help in reducing stress and feeling better.

Conclusion :-
In addition, students should avoid comparing themselves with others and focus on their own progress. Engaging in hobbies such as music, sports, or reading can also help in refreshing the mind.
Overall, stress is a common part of student life, but it can be managed with proper planning and self-control. By using basic management skills like time management, discipline, and positive thinking, students can reduce stress and perform better. Therefore, learning stress management is essential for a balanced and successful student life.

Name – Chahak
Class – BCom Hons. (3rd year)
Roll No. – 1231172004

MANAGEMENT : AN ART

MANAGEMENT is a work of ART ,
Led by a manager with a superstar heart ,
They keep the business organised and tight ,
Leading the way to a future bright.
With every plan , they help the seeds grow,
Watching the business expand in the flow.
It is a versatile job as everyone knows,
From the comfort of home to where finance flows.
Across the globe, in every place ,
Management sets the winning pace.
Wherever you look on land or sea ,
It's the heartbeat of every thriving entity.

BY: Diya
CLASS: B.COM. Hons (3rd YEAR)
ROLLNO: 1231172015

COMMUNICATION SKILL

Communication is the process of sharing idea thoughts, feelings and information between two or more people . It is most important skill in human being. Communication helps people understand each other build relationships, and work together effectively. Without communication it would be difficult to express our thoughts or Understand the view of other.

IN College Life :- Communication plays a very important role. Students Communication with teachers, classmates and other. Every day whether it is participating in classroom discussions giving presentations or work in group projects, Communication helps students express their ideas clearly and Confidently. students with good communication skill often perform better in academics and extra curricular activities.

Effective Communication is not only about speaking but also about listening. A good listner understand others better respond appropriately this help avoid misunderstandings and build trust among people.

Name - Tamanna
Class - B.Com.(H) final year
Roll no. - 1231172017

POEM COMMERCE SUBJECTS

From ledgers lined with red and black,
To markets shifting in a blink,
It's tracing every paper track,
And learning how the systems think.
The balance sheet is standing tall,
Where assets meet their equal side,
While tax and laws govern it all
With rules that act as steady guide.
From human roles that drive the floor,
To charts that map a company's soul,
It's opening a wider door
To see the parts that make the whole.
It's more than numbers on a page
Or theories in a heavy tome;
It's building tools for every age
To bring the future's vision home.

Name Tanisha
Class M.Com P
Roll no. 2254295006

SAVINGS POEM

The coins that clink within the jar,
The small amounts you set aside,
Are fuel to take you just as far
As any dream or future ride.
While trends may beckon, bright and fast,
And pockets feel the constant burn,
The habits formed today will last
And grow with every cent you earn.
It's choosing "later" over "now,"
To build a wall of quiet strength,
And teaching younger shoulders how
To go the extra mile and length.
For freedom isn't what you spend
Or wearing every passing craze;
It's having balance as a friend
To brighten all your future days.

Name Tanisha
Class M.Com P
Roll no. 2254295006

OTCEI

भारत में, कुछ स्टॉक एक्सचेंजों ने पूंजी बाजार पर अपना दबदबा बना लिया है, जिसके कारण कई छोटी कंपनियां सूचीबद्ध (list) नहीं हो पाती हैं। इस समस्या से निपटने के लिए, अक्टूबर 1990 में ओवर द काउंटर एक्सचेंज ऑफ इंडिया (OTCEI) की स्थापना की गई थी, जो विशेष रूप से छोटी कंपनियों की प्रतिभूतियों (securities) के लिए एक वैकल्पिक बाजार प्रदान करता है।
भारत सरकार ने OTCEI को एक आधिकारिक स्टॉक एक्सचेंज के रूप में मान्यता दी है। इसे UTI, ICICI, IDBI, SBI कैपिटल मार्केट्स लिमिटेड, IFCI, GIC और कैनबैंक फाइनेंशियल सर्विसेज लिमिटेड जैसी संस्थाओं द्वारा संयुक्त रूप से बढ़ावा दिया गया था.

Name Nikita
Class M.com
Roll no. 2254295004

MEANING OF HUMAN RESOURCE MANAGEMENT (HRM)

Human Resource Management (HRM) refers to the process of planning, organizing, directing, and controlling the people working in an organization so that organizational goals can be achieved effectively and efficiently. It includes activities such as recruitment, training, development, performance appraisal, motivation, and maintaining good relations with employees. Meaning of HRM in a Dynamic Environment

A dynamic environment means a situation where changes occur frequently in technology, market conditions, competition, laws, and employee expectations.

In such a dynamic environment, Human Resource Management focuses on managing and developing employees in a flexible way so that they can adapt to these continuous changes. HR managers ensure that employees have the skills, knowledge, and motivation needed to respond to new challenges and opportunities.

Simple Explanation:

Human Resource Management in a dynamic environment means managing employees in a way that helps the organization and its workforce adjust and perform effectively despite constant changes in the business environment.

Example:

Suppose a company introduces new digital technology or software in its operations. Employees may not know how to use it. The HR department arranges training and development programs so that employees can learn the new system. This helps the organization adapt to technological change and maintain productivity.

Another Example: When market competition increases, HR managers may hire skilled employees, provide performance incentives, and improve employee training so the company can compete effectively.

Role of Human Resource Management in a Dynamic Environment

A dynamic environment is one where business conditions change rapidly due to technology, globalization, competition, and market demand. Human Resource Management (HRM) plays an important role in helping organizations and employees adjust to these changes.

Recruitment of Skilled Employees

HRM recruits employees who have the knowledge and skills needed to face changing business conditions.

Example: Hiring employees with digital and technical skills when a company adopts new technology.

Training and Development

HRM provides training programs to improve employees' skills and prepare them for new challenges.

Example: Training workers to use new machines or software.

Adaptation to Technological Changes
HRM helps employees adapt to new technologies and modern work methods.
Example: Teaching employees to use automation or digital tools in the workplace.

Employee Motivation
HRM motivates employees through rewards, incentives, and recognition to maintain productivity in changing situations.
Example: Giving bonuses to employees who perform well after adopting new work systems.

Managing Organizational Change
HRM helps the organization implement changes smoothly and reduces employee resistance.
Example: Explaining new policies or restructuring to employees and guiding them during the transition. •

Improving Employee Performance
HRM evaluates and improves employee performance through performance appraisal and feedback..
Maintaining Good Employee Relations HRM maintains healthy relations between management and employees, which helps the organization work smoothly during changes.

Name: Khushi
Class: M.Com P
Roll no. 2254295005

COMPUTER

SECTION

Where Ideas Become Code, and Innovation Shapes the Future.



CODE | CREATE | INNOVATE | TRANSFORM

Beyond the Screen: The World of Technology

Technology in Our Daily Lives:
Technology is an essential part of our daily lives. Nowadays, we use technology in almost every aspect of life. We use phones to communicate with friends and family members. We use computers for educational purposes—such as solving complex problems, working on assignments and projects, creating presentations, coding or programming, and taking online exams. We also use computers to search for information and learn new skills.

Technology Makes Life Easier:
Technology has made our lives simpler and faster. In the past, people used to perform many tasks manually, but today, they can easily accomplish them with the help of mobile phones and computers. We can send and receive emails, shop online, and pay bills—all from the comfort of our homes.

Artificial Intelligence (AI):
Artificial Intelligence (AI) is one of today's most interesting and useful technologies. AI involves enabling computers and machines to perform tasks much like humans do. We see AI in applications such as voice assistants, smart recommendation systems, language-related tools, and systems capable of image recognition, image generation, text generation, and coding assistance. AI is also being used in education, healthcare, agriculture, transportation, manufacturing, security, and business.

Technology and Human Creativity:
Technology is not just about computers and machines; it is also about human thought and creativity. Even a simple idea can turn into a useful app or website. Technology can also help solve everyday problems.

Safe Use of Technology:
However, technology also has some downsides. We should be cautious when using the internet. We should not share our personal information with strangers. We should use strong passwords and avoid clicking on unknown links. Online scams are also on the rise, so we should always be careful.

Using Technology Wisely:
Using technology correctly is essential. We should not spend excessive time on mobile phones and social media; instead, we should use technology for learning, communicating, and other productive tasks.

The Future of Technology:
Technology will become even more advanced in the future. It will transform the way we study, work, and communicate. We should stay informed about new technologies and use them wisely.

Technology for a Better Life:
Technology is not just about screens and machinery. This is about using our ideas to make life better.

By: Sneha
BCA IInd year
Roll No. : 1240614034

CYBER SECURITY

"Think before you click – Your Digital Safety in your hands."
In today's modern world, technology has become an important part of our daily lives. We use smartphones, computers, social media, online banking, cloud services and digital platforms for education, communication, shopping and entertainment. While technology has made our lives easier and faster, it has also created new risks.
What is Cyber Security?
Cyber Security refers to the methods, technologies, and practices used to protect computers, mobile phones, networks, applications and digital information from unauthorized access, misuse, damage, or theft.

Why is Cyber Security Important?
Our personal information is extremely valuable. Passwords, photographs, educational records, financial information, and private conversations can all be targeted by cyber criminals.

Good Cyber Security helps to:
Protect personal and confidential information.
Prevent unauthorized access to accounts.
Protect devices from harmful software.
Secure online transactions.
Prevent identity theft and fraud.
Maintain privacy in the digital world.

Common Cyber Threats
Phishing
Phishing is one of the most common methods. Imagine receiving an email that appears to come from your bank saying, "Your account will be blocked today. Verify your details immediately."
The message may look genuine, but the link could lead to a fake website designed to steal your information.

How Can We Stay Safe?

Use strong and unique passwords.
Turn on two-factor authentication whenever available.
Never share your OTP, PIN or password with anyone.
Think carefully before clicking unknown links.
Keep your phone and applications updated.
Download apps and files only from trusted sources.
Avoid sharing unnecessary personal information online.

By: Muskan
Bca Ist year
Roll No. : 1250614041

ENGLISH

SECTION

**Words build worlds,
and idea create change**



READ | THINK | EXPRESS | GROW

The Children Act — Faith, Reason, and the Rule of Law

Ian McEwan's novel The Children Act follows Justice Fiona Maye as she faces a high-stakes legal case: should she compel a seventeen-year-old Jehovah's Witness to receive a life-saving blood transfusion against his religious beliefs? This dilemma serves as a powerful meditation on the tension between faith, reason, and the rule of law.

Fiona is a brilliant judge known for her fierce intelligence and steady gaze, yet she is emotionally empty. While she spends her days deciding the fates of families, her own marriage is failing; her husband has announced that he wishes to have an affair, for their relationship has grown cold. She lives a life of routine, discipline, and silence — ruling on the lives of children while having none of her own.

Fiona visits the young patient, Adam Henry, in hospital, where they share an emotional moment as he sings to her. She eventually rules that his life is more precious than his dignity, effectively saving him through legal intervention. However, she maintains a strict professional distance afterwards, ignoring his letters seeking guidance. When Adam turns eighteen and falls ill again, he refuses treatment once more. Now an adult, the law cannot intervene, and he dies — suggesting that legal age alone does not define maturity.

The novel's significance extends beyond the courtroom, addressing universal questions about balancing religious freedom with child protection. These themes remain urgent in contemporary debates regarding medical consent and secular education. The story also speaks to modern anxieties about work-life balance, demonstrating that prioritising career success over personal relationships can lead to a profound sense of emptiness.

McEwan's refusal to provide easy answers forces readers to confront genuine moral complexity. The story reminds us that while judges must be guided by reason, they remain human at heart. Ultimately, the law can protect life, but it cannot fully govern faith, feelings, or fate. The Children Act invites us to think more deeply about the difficult, nuanced questions that define our humanity.

By: Sanjeevni
M.A. English
Roll No. : 2254294019

Jhumpa Lahiri: A Literary Overview

Jhumpa Lahiri is one of the most celebrated contemporary writers, known for her sensitive portrayal of the immigrant experience, identity, and cultural conflict. She was born on 11 July 1967 in London, England, to Bengali parents from West Bengal, India. Her family moved to the United States when she was just three years old, and she grew up in Rhode Island. Though her birth name is Nilanjana Sudeshna Lahiri, she adopted the nickname "Jhumpa" for convenience, as her teachers found her formal name difficult to pronounce.

Lahiri completed her higher education at Barnard College, where she earned a degree in English literature. She later pursued multiple advanced degrees at Boston University, including a Ph.D. in Renaissance Studies. Her academic background greatly influenced her literary style, which is marked by clarity, simplicity, and emotional depth.

Her literary career achieved remarkable success with her debut short story collection, Interpreter of Maladies (1999), which won the prestigious Pulitzer Prize for Fiction in 2000. The collection explores themes of love, loneliness, and the struggles of Indian immigrants adjusting to life in America. Her first novel, The Namesake (2003), further established her reputation as a major voice in contemporary fiction.

Her later works include Unaccustomed Earth (2008) and The Lowland (2013), which was shortlisted for the Man Booker Prize. Lahiri's writing is characterised by its simplicity, emotional richness, and sustained focus on displacement, cultural identity, family relationships, and the immigrant experience — portraying the quiet struggles of ordinary people living between two cultures.

Lahiri's life and works reflect a deep engagement with questions of identity, belonging, and language. Her ability to capture human emotions with subtlety and precision has earned her a distinguished place in contemporary world literature.

By: Sheetal
M.A. English
Roll No. : 2254294009

Endless Suffering

"In the soul of a woman, a butterfly resides,
Prepared for the struggle where the darkness hides.
As a larva breaks free from the cocoon's tight hold,
To claim a bright world, courageous and bold.
So does she rise, with her dreams and her voice,
To weave her own colours, resilient, soft, and brave."

"Women's Suffering" — this is a phrase we have all heard repeatedly and witnessed in countless forms. Yet, is suffering confined only to women? Do men not suffer? Or has society, over time, chosen to foreground the pain of women more prominently?

Even in the present generation, many men live under the weight of responsibility — suppressing their desires from childhood, adjusting to the limitations of a family's finances, striving to earn at a young age, and later dedicating themselves to securing a better future for their children. This, too, is a form of suffering that often remains unseen and unacknowledged.

However, when we turn to history, the suffering of women appears deeper and more systemic.

In earlier times, women were confined within veils, married at a tender age, denied education, and subjected to harsh punishments even for minor transgressions. Such practices were not exceptions but social norms.

Even today, many women continue to struggle for their identity between the expectations of society and the constraints of family. Their clothing is questioned, their movements are monitored, and their choices are judged — whether they are working, studying, or simply seeking to live life on their own terms.

Yet, there remain those who, bound by the fear of "what will people say" and "what will the family think," compromise with their dreams. Despite progress and modernity, many women continue to confine themselves, perceiving their own strength as weakness and living within self-imposed limitations.

Cinema and literature have played a significant role in illuminating this issue. Contemporary examples include Chhorii (2026), Mrs. (2024), Laapataa Ladies (2024), Gangubai Kathiawadi (2022), Pink (2016), and Mardaani (2014), each portraying different dimensions of women's resilience and societal challenges.

Ultimately, a question stands before us all — will women's suffering ever completely cease, or will it persist as an endless cycle? Perhaps the answer lies in a transformation of societal thought — when every individual is regarded with equality, dignity, and empathy. For every meaningful change begins with a change in perspective.

By: Anjali Chadda
B.A. English Hons.- Final year
Roll No. : 1230599017

Jhoothan — A Social Document

Jhoothan is an autobiographical narrative by Omprakash Valmiki that presents the lived reality of the Dalit community. The word "jhoothan" means 'leftover food,' which was considered impure in Hindu culture, yet the people of the Dalit community were expected to take it home and eat it. Jhoothan is not merely a personal narrative; rather, it is a social document that exposes the caste system in India. The Dalit community performs degrading labour such as skinning animals and sweeping. Work was compulsory for Dalit people, yet they led a life marked by humiliation and economic hardship.

Religion and rituals function as essential instruments of the caste system. The custom of salaam, in which the bridegroom must go door to door offering salaam, fosters a deep sense of inferiority. Religious texts taught them that their sufferings were the result of their past sins. Social institutions such as schools and colleges also function as powerful tools of control; children of the Dalit community were not even permitted to sit in classrooms alongside upper-caste children. The author recounts his own experience of being made to sweep classrooms and playgrounds while other children studied, and of being beaten cruelly every day.

Despite these ongoing challenges, the author remains committed to education, which becomes a central instrument of transformation — a difficult path, yet a journey towards self-discovery and activism. The ideas of Dr. B. R. Ambedkar and the conversion to Buddhism play a vital role in the awakening of Dalit consciousness.

The work Jhoothan ultimately condemns the inhumanity of the caste system and calls for social equality, self-respect, and justice for the marginalised.

By: Saniya
B.A. English Hons.
Roll No. : 1230599010

Contemporary Parenting and Cultural Identity in The Namesake

In the age of globalisation, technological advancement, and shifting social values, the role of family and cultural heritage has become more significant than ever. Modern parents strive to prepare their children for success in a progressive world while ensuring that they remain connected to their cultural roots. The Namesake by Jhumpa Lahiri beautifully captures these complexities of contemporary parenting. The Ganguli family represents countless immigrant families who preserve their traditions, language, and emotional ties to their homeland while adapting to life abroad.

Ashima and Ashoke Ganguli emphasise respect for elders, strong family bonds, participation in cultural and religious traditions, and the importance of choosing stable careers and culturally compatible marriages. In contrast, the younger generation values personal freedom, self-identity, and the autonomy to make decisions about careers and relationships based on individual interests and emotional compatibility. This difference in perspectives often creates a generational gap, leading many young individuals — like Gogol — to feel bound by familial and cultural expectations.

However, as Gogol matures, he realises that these traditions are not restrictions but expressions of love, memory, and belonging. His transformation highlights the importance of empathy, open communication, and mutual respect in bridging the generational divide.

The novel's popularity led to its film adaptation, The Namesake (2006), directed by Mira Nair, with powerful performances by Irrfan Khan and Tabu that vividly portray parenthood and cultural conflict.

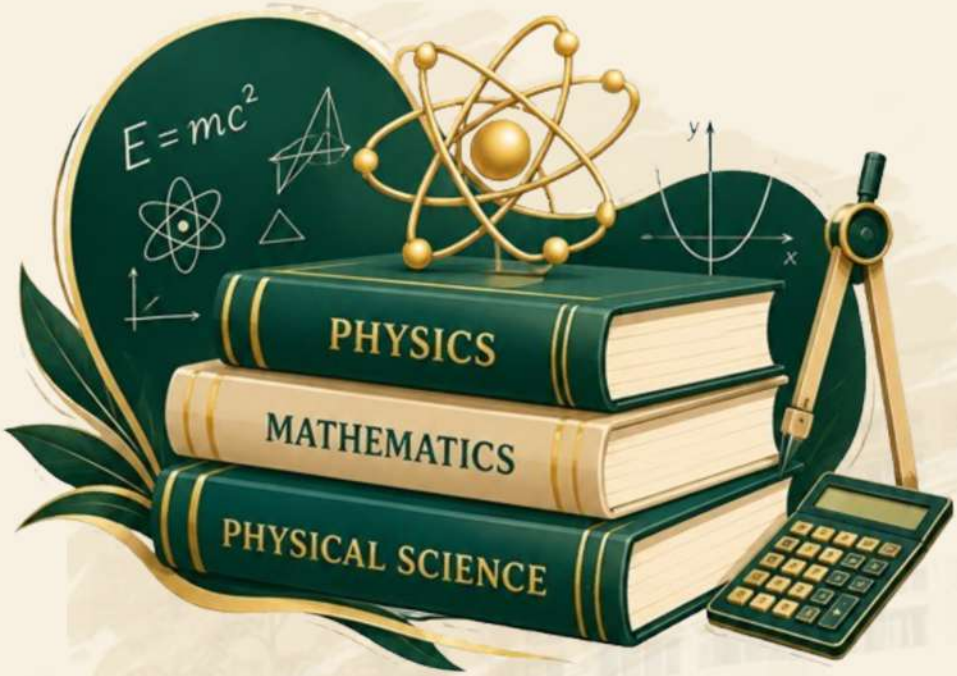
Ultimately, the story emphasises that tradition and modernity complement each other, and that their balance fosters identity, belonging, and emotional resilience in today's globalised world.

By: Simran
B.A.-English Hons.
Roll No. : 1230599009

PHYSICAL SCIENCE

PHYSICS(HONS.) & MATHEMATICS

Where Strength Meets Discipline, and Passion Shapes Performance.



OBSERVE | EXPLORE | ANALYSE | DISCOVER

OUR LIVING EARTH

The Earth is green, the skies are blue,
A living world for me & you.
The trees stand tall, the rivers flow,
Where seeds of life forever grow.
The wind speaks soft through every tree,
A song of pure harmony.
The sun gives light, the rain gives grace,
It is our home, it gives us all.
Plant a tree & let it grow,
Let kindness in the wild winds blow.
For science shows in every part,
Earth survives with a caring heart.

Name = Muskan
Class= B.Sc. Physical Science
Roll no. = 1250618038

BEYOND THE SYLLABUS

I learned to chase the perfect line,
Where every answer must align,
To fit within a bounded space,
Defined by time, by marks, by pace.
Yet somewhere past each graded page,
A quieter truth defies the cage.
They taught me how the laws remain,
Unmoved by loss, untouched by gain,
How every force has equal say,
How night dissolves to make a day.
But no equation ever showed,
The weight a silent question holds.
So I will walk beyond the frame,
Where right and wrong are not the same,
Where doubt is not a flaw to hide,
But something carried deep inside.
For what we seek is not a score-
But all we dare to question more.

By: Vedika
B.sc Physical Science (1st year)
Roll No. : 1250618009



THE ARCHITECTS OF TOMORROW

In quiet labs where thinkers dwell,
Unlocking nature deepest spell.
A thousand questions find their way,
From hidden nights to brightest day.
With molecules & stellar light,
They map the dark & make it bright.
From tiny cells that form the core ,
To distant, uncharted cosmic shore.
The atom split the neuron fired,
By endless curiosity inspired.
It makes the bond of doubt & fear,
To make the foggy future clear.
It is the engine driving forward,
A steady beam guided northward.
No magic spell but proven fact,
Through observation, thought & act.
In search of truth, the journey is long,
But science keeps the torchlight strong.

Name=Vanshika
Class = B.Sc. Physical Science
Roll no.=1250618055

IMPORTANCE OF CHEMISTRY

Chemistry is fascinating branch of science that studies matter & the changes it undergoes. Everything around us, from the air we breathe to the food we eat is made up of chemicals. Chemistry helps us understand how these substances interact & affect our life.

In everyday life, Chemistry plays a vital role. Cooking food is a chemical process, digestion in our body involves chemical reactions,& even cleaning work because of chemistry.It helps us to create medicines that cure disease & material like plastic, metal, & fabrics that we use every day.

Chemistry has also contributed greatly to modern advancements. It is used in industries to manufacture products.

In conclusion, Chemistry is not just a subject in textbooks – it is part of our daily life.

Name= Ekta
Class=B.Sc. Physical Science
Roll no.=1250618022

RELATIVITY & THE SCIENTIFIC METHOD: A STUDENT'S PERSPECTIVE

According to Einstein, time is relative—but during exams, three hours vanish like three minutes, while lectures stretch one hour into a full century. Clearly, relativity depends less on physics and more on whether you studied or not. Forget ; the real formula is:
Stress = Syllabus^2 / Time left
As for the scientific method, B.Sc. students have perfected their own version: first panic, then Google, followed by "group study" that quickly transforms into snacks and gossip. If the experiment works, it's called skill; if it fails, we confidently blame "instrumental error."
In the end, science isn't about answers—it's about writing long conclusions to justify short understanding. Relativity and the scientific method, therefore, aren't just theories in textbooks—they're the everyday reality of student life.

Name : Payal Sharma
Class : B.Sc. Physical Science 1st year
Roll No. : 1250618012



POEM

Everything works,
Because of science.
Even your old kitchen appliances,
What about your mom's car?
Without science it would not go so far.
With science, we could make
a computer or phone,
If you want a twin
just ask for a clone.
Science will explain
Nature & trees,
It's also used
to find cures for disease.
Science is cool
The evidence is clear,
It's so much fun
Enjoy it my dear.

Name= Sweeti
Class= B.Sc. Physical Science
Roll no. 1250618033

EVERYTHING COSTS LESS THAN HEALTH

The Modern Health Crisis

India is currently home to a significant portion of the global ill population. With one in ten people diagnosed as diabetic and an alarming rise in heart attacks among the youth, the situation is critical. However, the focus must shift from merely identifying the problem to implementing the solution.

The Golden Hours and Digestive Healing

A healthy life begins with the clock. Starting the day at 7:00 AM is often too late for the body to prime itself. By waking up at **5:00 AM**, you dedicate two essential hours to your physical well-being.

One of the most widespread issues today is poor "egestion" (elimination), affecting nearly 74% of the population. This is largely due to sedentary lifestyles and improper posture. The solution lies in **Intermittent Fasting:** maintaining a **16-hour gap** between dinner and breakfast.

The human body is a self-cleaning mechanism, but it requires downtime to function. Consider a road with a pothole; repairs are only possible when there is no traffic. Similarly, if we eat throughout the day and late into the night, the body remains occupied with digestion and has no opportunity to heal. True fasting is the absence of all food, allowing the system to reset and rejuvenate.

Internal Detoxification: The "Wet Pack" Technique

While external hygiene is a daily ritual, internal cleanliness is often neglected. The alimentary canal (digestive tract) can accumulate waste over decades, much like a kitchen pipe that is never flushed.

A powerful traditional remedy for this is the **"Wet Pack."** This involves applying cool, 3-layered wet cotton cloths to three specific areas: **the stomach, neck, and forehead.**

This application creates a temperature gradient, cooling specific zones while the rest of the body stays warm. This difference stimulates blood flow toward the internal organs, aiding in detoxification.

- Protocol: 45 minutes daily for 21 days.
- Precautions: Avoid this during extreme winter or if suffering from pneumonia, typhoid, or high fever. Also it can be used during **Menstruations and Pregnancy**.

Movement and Longevity

Modern existence has become a cycle of "seats"—from the bed to the dining table, to the office, and back. This sedentary trap leads to chronic back pain and limb numbness. True health requires at least 30 minutes of joyful movement or stretching every day. Looking at global "Blue Zones"—regions where people regularly live past 100—a common pattern emerges: a diet that is 95% plant-based, consisting of raw, boiled, or lightly cooked foods.

Contrary to popular belief, high-density protein is readily available in plants. By returning to the local, natural diets of our ancestors and reducing our reliance on chemically treated dairy and processed foods, we can reclaim our longevity.

Fact Extension: The Science of Recovery

- **Autophagy**: Your "pothole" analogy describes a biological process called Autophagy (self-eating). During fasting, cells identify and destroy damaged components, effectively "cleaning" the body at a microscopic level.

- **Hydrotherapy Physics**: The "Wet Pack" utilizes the principle of vasoconstriction and vasodilation. The cold causes blood vessels to shrink, and as the body works to re-warm the area, they expand, creating a "pumping" effect that flushes the lymphatic system.

Circadian Rhythm:
Waking at 5:00 AM aligns the body with its natural Circadian Rhythm, optimizing cortisol levels and metabolism for the day ahead.

Name: Vibha
Class: B.Sc. Major in Maths
Roll No: 1254228020

ASTRONOMICAL PHYSICS

Have you ever tired of travelling, but still there is a entire world to conquer. But can you imagine, a person is not able to see the entire world, because one life is quite insufficient for it. But , if we observe by prospectus of 'Astronomical Physics', the world in this universe is just like a little starfish in pacific ocean. So , now think of the vastness of this universe, this space contain a no. of mysterious phenomenon that are still to be found. Astrophysics is the branch of space science which combines this magical world with practical physics. It had explained many principles like gravity, data matter, electromagnetism, cosmology, black holes. These principles of physics, in earlier times, were wondered as miracles, but it is the Physics which makes us believe that there is a mechanism behind everything. After researches we conclude everything, from an electron revolving around nucleus to the Earth revolving around Sun are syncing, there is a pattern behind everything, & that is not any miracle, that's Physics! Astrophysics!

Name= Srishti
Class= B.Sc. Physics Major
Roll no. = 1254100011

THE BLIND SNIPER OF THE GANGA

Imagine an animal that hasn't changed its look in 20 million years. It outlasted the mammoths and watched the Himalayas rise. Now it lives in a river as thick as pea soup where eyes are totally useless. Meet the Ganges River Dolphin-India's very own "living fossil". Locals call it the Susu , and it's the weirdest, coolest resident of the Ganga .

1. Radar Over Eyes: I
n the murky Ganga, vision is a luxury the Susu traded away ages ago. It is functionally blind. But don't feel sorry for it. It has a superpower: Sonic Vision. It fires high pitched clicks from its forehead. These sound waves hit a fish, bounce back and create a 3D image in dolphin's brain. It can "see" a single tiny fish in total darkness. That sneezing "Susu" sound you hear? That's the dolphin clearing its blowhole to take a fresh breathe before it dives back in to scan the river.

2. The Sideways Rebel:
Every other dolphin on earth swims upright. Not the Susu, it swims on its side. Why? Because the Ganga can get very shallow. By gliding sideways, it can drag one flier along the muddy bottom like a sensor. It's the ultimate "all terrain" move, allowing it to hunt in water just a few inches deep where other predators would get stuck.

3. The Silent War:
The Susu doesn't have many natural enemies, but it's losing a war against noise. Because it "sees" with sound, the roar of big ships and underwater construction is like a permanent, deafening scream. It blinds their sonar. The good news? Science is fighting back. In 2024, India started using satellite tags to track these ghosts of river. We now know there are about 6,300 left, and new research centers are working on "quiet" river tech to give the Susu its peace back.
The Susu isn't just a dolphin, it's the heartbeat of the river. If the Susu is thriving, the Ganga is healthy. It's a 20 million year old survivor waiting for us to join its mission: keeping the river alive.

BY = Sunidhi
Class=B.Sc. Physical Science (I)
Roll no. =1250618046

THE INVISIBLE POWER

You cannot see it, yet it's there,
Flowing freely through the air.
Lighting homes and busy streets,
Moving wheels and tiny beats.
Through the wires it runs so fast,
A silent force that's built to last.
From power plants to every switch,
It answers us with just a twitch.
Electrons dance in endless streams,
Turning thoughts to glowing beams.
From bulbs that shine to screens so bright,
It brings our world to life each night.
Handle gently, strong yet wise,
Its hidden strength can surprise.
A friend to us when used with care,
Electricity is everywhere.

Name – Anshul
Class – B.Sc. physical science (2nd sem)
Roll no. – 1250618037

THE WONDER OF SCIENCE

Science is an important part of our daily lives. It helps us understand how the world works from the smallest living cells to the vast universe. Everything around us , whether it is the air we breathe or the technology we use is connected to science.

Science begins with curiosity. Simple questions like why the sky changes color & how plants grow lead to discoveries. Through observation & experiments, scientist find answers that help us to learn more about nature & life.

Over time, Science has given us many useful inventions such as electricity, medicines & modern technology. These advancements have made our lives easier , healthier & more comfortable. Science also plays a key role in solving problems like pollution , climate change & disease.

In conclusion, Science is not just a subject but a way of understanding & improving the world. It inspires us to explore , discover & create a better future.

Name=Priya
Class= B.Sc. Physical Science(1st year)
Roll no. = 1250618003

TURNING CURIOSITY INTO DISCOVERY

Curiosity begins with a simple “why”
It makes us look at the Earth & Sky.
It sparks a thought deep in the mind,
A hidden truth we wish to find.
With every question that we explore,
We learn new things & discover more.
Science guides us on this way,
Turning night into a brighter day.
From tiny ideas to wonder so vast,
It builds our future from the past.
So never stop asking
Let curiosity flow,
For it is the speed from which discoveries grow.
Curiosity opens every door,
Science helps us explore more & more.

Thoughts on curiosity

Albert Einstein: “ I have no special talent . I am only passionately curious .”
Marie Curie: “ Be less curious about people & more curious about ideas.”

Name=komal
Class= B.Sc. Physical Science(1st year)
Roll no. = 1250618027

SCIENCE : JUST MORE THAN A SUBJECT

Science is not just in books ,I read;
It’s in every thought, in every deed.
From morning light to stars at night ,
It helps me see the world so bright.
The fan that spins, the phone I use,
The food I eat, the water I choose.
All are gifts of science each day,
Guiding my life in every way.
It’s not just a subject, dull & dry,
It answers questions – how & why.
In every step, in all I do,
Science is there strong & true.
It shapes my dreams, it lights my way ,
Helping me learn more every day.
So, I believe with all my heart ,
Science is life- not just a part .

Name=Sakshi Dalal
Class= B.Sc. Physical Science(1st year)
Roll no.=1250618081

AMAZING SCIENCE FACTS

The oceans produce the majority of oxygen on Earth :
More than half of the world's oxygen is produced by plankton, seaweed & other photo synthesizers.

Bananas are radioactive : Bananas contain potassium & because potassium decays, the yellow fruit becomes slightly radioactive

Helium has the ability to work against gravity :
When helium is cooled to near absolute zero temperature (-460 F) or (273 C) it becomes super fluid which means it can flow without friction.

Water can exists in three states at the same time :
This is known as triple boil or triple point & it is the temperature & pressure at which material exists as a gas , a liquid, & a solid all the same time.

Humans have inherited genes from other species :
Our genome contains up to 145 genes mutated from bacteria, fungi, & other single celled organisms & viruses.

The sun is white :
In space, the Sun is actually white , not yellow, as the Earth's atmosphere scatters blue & yellow light, making it appears yellow to us.

Heavy Avi : A human would need a 20 foot wingspan to fly, & if you entered a black hole , it would be extremely bright not dark.
Communicating Trees : Trees can share nutrients & send distress signals about pests through fungal networks .

Name= Garima
Class= B.Sc. Physical Science(1st year)
Roll no. = 1250618029

GEN-Z:THE DIGITAL GENERATION REDEFINING THE FUTURE

Introduction : What does it mean to grow up in a world where the internet has always existed? For gen-Z , this is everyday life ,born roughly between the late 1990s & early 2010s, this generation is shaping trends , influencing culture & redefining what it means to connect , learn & work.

Who are gen-Z ?
Gen-Z is the first truly digitalative generation. Unlike previous generations, they have grown up with smart phones, social media & instant access to information. Platform like video sharing apps , online communities & messaging tools are not just entertainment – they are way of life.

Challenges faced by gen-Z :-
Despite their strengths , gen-Z faces unique challenges . Constant exposure to social media can lead to stress, comparison & mental health concerns. The pressure to succeed in a fast changing world can also be over-whelming .However , this generation is more open to discussing mental health & seeking help than previous generations.

Conclusion :-
Gen-Z is not just another generation – they are a powerful force of change. With their digital skills , awareness & creativity, they are shaping the future in new & exciting ways.

What kind of future will gen-Z create?
The answer is still unfolding – but it is sure to be innovative , bold, & impactful.

Name= Nancy
Class = B.Sc. Physical Science(1st year)
Roll no. = 1250618061

HYDROGEN TRAIN

Hydrogen train are an innovative & eco- friendly mode of transportation designed to reduce pollution & dependence of fossil fuels. These train use hydrogen gas as fuel instead of diesel, making them an important step toward sustainable development & green energy.

A hydrogen train works using fuel cell technology. In this system , hydrogen reacts with oxygen in a fuel cell to produce electricity which powers the train's motor. The only byproduct of this process in water vapour & heat , meaning there re no harmful emissions released into the environment. This makes hydrogen trains a clean & environmentally friendly alternative to traditional diesel trains.

One of the major advantages of hydrogen trains is that they help to reduce green house emissions.

They are especially useful or railway routes where electrification is difficult or expensive. Unlike electric trains, they do not require overhead wires or complex infrastructure which reduces installation costs.

Many countries such as Germany, the united states & France are already testing & using hydrogen powered trains as part of their efforts to achieve zero emission transport system. These developments show that hydrogen trains have great potential for the future of railway transport.

In conclusion, hydrogen trains represent a promising solution for clean & sustainable transportation. Although there are some technical & economic challenges , continuous advancements in technology & increased investment in green hydrogen can make them a key part of the global effort to reduce environmental pollution.

Name=Kafi
Class = B.Sc. Physical Science(1st year)
Roll no.= 1250618067

ROLE OF AI IN SCIENCE & TECHNOLOGY

Artificial intelligence (AI) is a transformative force in science & technology, revolutionalizing how we approach research , problem solving. From predictive analytics to independent systems , AI has permeated various disciplines, advancements. This article delivers into the multifaceted role of AI across different domains of science & technology , exploring its impact, challenges & prospects. AI in science & technology is not just a passing trend , it is a set to make rapid changes ,ensuring that solution are not only innovative but all accessible to all. This promises a future where the benefits are not limited to few but shared by many.

AI in Research & Discovery: AI has revolutionalized the pace of scientific discovery. It has opened up new frontiers in fields like genomics. Similarly , in material science, AI models predict the properties of novel materials.

AI & Robotics: Robotics, one of the most visual application of AI, is a field constantly pushing the boundaries of what's possible. Intelligent system enable robots to perceives, learn & adopt to their environments, promising a future where human like machines are both a possibility & a reality. In manufacturing, AI powered robots optimize production processes through tasks like quality control , assembly & logistics.

AI in healthcare: The healthcare sector stands to gain immensity from AI – driven innovations, with applications ranging from diagnostics to treatment optimizing to patient care & administrative tasks.

Future directions: Looking ahead, the future of AI in science & technology promises even greater innovations. Advancements in AI research including development in deep learning & explainable. AI will further enhance the capabilities of intelligent systems.

Name=Shiksha
Class= B.Sc. Physical Science
Roll no.= 1250618016

BEYOND THE HORIZON : HOW SCIENCE IS REWIRING OUR FUTURE

Science is not just a subject in schools-it is operating system of modern life. It is a systematic process of observation, experimentation & analysis that has transformed how we live, communicate & understand the universe. Today, we stand on the brink of new breakthroughs that promise to redefine human existence , ranging from curing diseases to travelling to other planets.

The new frontiers of Medicines: The landscape of human health is shifting recent breakthroughs into biomedical research such as cart cell therapy , are turning previously untreatable conditions into manageable or even curable ones. Furthermore scientist are covering the mechanism behind the deadly disease like Parkinson's, finding that specific compounds can clear toxic proteins from the brain. The ultimate goal? A universal vaccine that could protect against nearly any respiratory pathogens, a major leap forward for global public health.

Technology & the Digital Leap: We are moving faster than ever into a digital first world. AI & quantum computing are no longer concept confirmed to science fiction ; they are driving economic growth & innovation across the globe.
Countries are now competing the harness quantum computing, promising revolutionary speed in data processing & encryption which could use in a new era of digital security.
A Sustainable Future: Science is also our most crucial tool in tackling the climate crisis. Researchers are working tirelessly on innovative solutions such as new materials for carbon capture that are more affordable & efficient. Additionally , in a remarkable twist of environmental innovations , places like Hawaii are transforming ocean plastic waste into infrastructure materials.

Space Exploration & Beyond: The cosmic frontiers continuous to inspire. In a historic moment, the Artemisll crew recently returned from a Lunar flyby marking the first time humans have travelled on the Moon in 50 years. These missions are not just for exploration ; they are paving the way for a permanent human presence in space & providing invaluable insights into our solar system.

Name= Sonal
Class= B.Sc. Physical Science
Roll no. = 1250618052

SCIENCE IN MY DAILY LIFE: MORE THAN A SUBJECT

"Science is not just what we study, it's what we live "
Whenever I hear the word 'science', I don't think just about formulas & lab experiments anymore. There was a time, when I felt science was just another subject to pass in exams. But over time, I realized that science is actually a silent part of my everyday life.
From the moment I wake up, science starts working for me. My phone alarm, the fan running above me, the lights in my room- everything depends on scientific inventions. Even the small things, like charging my phone or using internet, remind me how deeply science is connected to my routine.
What fascinates me the most is how communication has changed. Today, we can talk to anyone, anywhere within seconds. Earlier, people had to wait for days or even for weeks to receive messages. This transformation is not magic- it's the power of science & technology.
Medical science is another area that truly inspires me. Life saving medicines, advanced treatments , vaccines have made our lives safer & longer. It makes me feel that science is not just about machines & technology, but also about saving lives & caring for people. However, science also comes with responsibility. Problems like pollution & climate change remind us that misuse of science can harm our planet.
So, it's important for us to use science wisely & thinks about the future.
In my opinion, science is not just a subject in books- it is a part of who we are today. It quietly supports us in every step of our lives. All we need is a little curiosity to notice it.

Name= Meenu
Class= B.Sc. Physical Science
Roll no. = 1250618049

JOKES

A Photon checks into a hotel
& is he asked if he needs any help with his luggage,
He replied," No, I'm travelling light".

Name=Nishu
Class=B.Sc. Physical Science
Roll no. = 1250618031

Teacher :_ Insaan mein kitni bones hoti h ?
Student :- Sir depend karta hai ..
Teacher :- How??
Student:- Sir, agar mummy ne chappal uthai ho to extra bhi ho skti hai .....

By: Saniya
Class= B.Sc. Physics Major
Roll no. = 1254100008

JOKES RELATED SCIENCE

- Science Students Life :
  " Padhai karte waqt neend aati hai.....
  Par phone use karte waqt full energy."
  Lagta hai body mein Selective current hai.

- Teacher :- Current kya hota hai?

Student :- Jo bill dekhte hi body mein lagta hai....

Name= Shruti
Class= B.Sc. Physics Major
Roll no. = 1254100007

RIDDLE

- Methyl baher khelne gya hua tha.....
- Jab uski mummy ne ghar bulaya to vo Ether ban gya...
  Howwwwwww?

  Answer:- methyl= CH3
  Mummy ne bulaya :- CH3 O CH3 which is Ether(CH3 O CH3)

By: Rupam
Class= B.Sc. Physics Major
Roll no. = 1254100001

- I am everywhere but I can't be seen,
- Without me, fire can't burn & neither can you live.
- I am light but without me ,
- Everything is heavy.
- Tell me, who I am ?
  Answer -: "Oxygen"

Name= Gurjeet
Class=B.Sc. Physical Science
Roll no. 1250618053

विज्ञान: मानव जीवन का आधार

1. परमाणु :-
परमाणु भौतिकी का वह सूक्ष्मतम कण है, जो किसी भी पदार्थ का सबसे छोटा भाग है। यह अत्यंत छोटा होता है और अपनी विशेष संरचना के कारण विभिन्न गुण प्रदर्शित करता है। यह पदार्थ के रासायनिक, भौतिक तथा ऊर्जा संबंधी व्यवहार को निर्धारित करता है।

2. विज्ञान का अर्थ और अभिप्राय :-
विज्ञान शब्द की उत्पत्ति 'वि' + 'ज्ञान' से हुई है, जिसका अर्थ है विशेष ज्ञान या विस्तृत ज्ञान। विज्ञान का अर्थ है किसी विषय या घटना का गहन, व्यवस्थित तथा प्रमाणित ज्ञान प्राप्त करना। इसका अभिप्राय है कि प्रकृति के नियमों को समझकर मानव जीवन को सरल, सुखद और उन्नत बनाना।

3. विज्ञान के क्षेत्र :-
विज्ञान के क्षेत्र में भौतिक विज्ञान, रसायन विज्ञान, जीव विज्ञान, गणित, खगोल विज्ञान, भूविज्ञान, पर्यावरण विज्ञान और अभियांत्रिकी जैसे अनेक क्षेत्र शामिल हैं। इन सभी क्षेत्रों का उद्देश्य प्रकृति के नियमों को समझना और उनका उपयोग मानव जीवन के कल्याण में करना है।

4. वातावरण के क्षेत्र में :-
विज्ञान के क्षेत्र में वातावरण का अध्ययन पर्यावरण विज्ञान के अंतर्गत आता है। इसमें वायु, जल, मिट्टी, पौधे, जीव-जंतु तथा मानव के परस्पर संबंधों का अध्ययन किया जाता है। इसका उद्देश्य पर्यावरण के संतुलन को बनाए रखना और प्रदूषण को कम करना है।

5. चिकित्सा के क्षेत्र में :-
विज्ञान के द्वारा ही मानव ने उपचार के अनेक साधनों का आविष्कार किया है। आधुनिक चिकित्सा विज्ञान में दवाइयाँ, टीकाकरण, परीक्षण, शल्य चिकित्सा और रोगों की जाँच जैसी विधियाँ मानव जीवन को स्वस्थ और दीर्घायु बनाने में सहायक हैं।

6. संचार के क्षेत्र में :-
विज्ञान ने संचार के क्षेत्र में दूरसंचार, टेलीविजन, रेडियो, इंटरनेट, उपग्रह और मोबाइल जैसी अनेक सुविधाएँ प्रदान की हैं, जिनसे विश्व का कोई भी भाग आपस में जुड़ गया है और सूचना का आदान-प्रदान सरल एवं तेज हो गया है।

7. कृषि के क्षेत्र में :-
विज्ञान के द्वारा उन्नत बीज, उर्वरक, कीटनाशक, सिंचाई के साधन तथा कृषि यंत्रों का विकास हुआ है, जिससे कृषि उत्पादन में वृद्धि हुई है और किसानों का जीवन स्तर सुधरा है।

8. शक्ति के साधनों का विकास :-
विज्ञान के माध्यम से कोयला, पेट्रोलियम, प्राकृतिक गैस, सौर ऊर्जा, पवन ऊर्जा और जल विद्युत जैसी ऊर्जा के साधनों का विकास हुआ है। इनसे ऊर्जा की आवश्यकता की पूर्ति सरल और सतत रूप से हो रही है।

9. मनोरंजन के साधनों का विकास :-
विज्ञान ने मनोरंजन के क्षेत्र में रेडियो, टेलीविजन, सिनेमा, कंप्यूटर गेम, इंटरनेट और डिजिटल मीडिया जैसी अनेक सुविधाएँ प्रदान की हैं, जिससे मानव का अवकाश समय सुखद और रोचक बन गया है।

10. उद्योगों के क्षेत्र में :-
विज्ञान ने उद्योगों के विकास में महत्वपूर्ण भूमिका निभाई है। मशीनों, तकनीकों और स्वचालन प्रणाली के कारण उद्योगों का उत्पादन बढ़ा है, जिससे देश की अर्थव्यवस्था मजबूत हुई है और रोजगार के अवसर उत्पन्न हुए हैं।

Name = Shashi
Class=B.Sc. Physical Science
Roll no.=1250618024

स्मार्ट ऐप, स्मार्ट इंसान! 😄

1. मैंने एक ऐप बनाया है जो इंसान को स्मार्ट बना देता है।
2. अच्छा! तुमने डाउनलोड किया?
3.
(1) किया था ...
(2) फिर ??
4.
(1) फील होगा ही गया .... शायद ज्यादा स्मार्टनेस एक साथ नहीं संभाल पाया!

Name – Kiran
Roll no – 1254000012
Class – B.Sc with major in Physics

विज्ञान का महत्व

• विज्ञान आज के आधुनिक युग की नींव है। यह मानव जीवन को विविध क्षेत्रों में बेहतर और आसान बनाता है। यह हमारे रोजमर्रा के जीवन में बेहतर बनाने के साथ-साथ ज्ञान को बढ़ाता है। विज्ञान से मिला प्राकृतिक ऊर्जा का लाभ हम सभी को लगभग अनगिनत है।

• विज्ञान ने मानव जीवन को आसान और सुविधाजनक बना दिया है। आज का मोबाइल, इंटरनेट, परिवहन और आधुनिक चिकित्सा सुविधाएँ न केवल जीवन की गुणवत्ता को बढ़ा रही हैं, बल्कि समय और श्रम की भी बचत कर रही हैं।

• हमारी रोजमर्रा के सुख महत्वपूर्ण पहलू हैं जैसे भोजन, परमाणु हथियार और पर्यावरणीय समस्याएँ इसलिए विज्ञान का उपयोग सही दिशा में करना बहुत जरूरी है।

• आज के लिए यह कहना जा सकता है कि विज्ञान मानव विकास का सबसे शक्तिशाली साधन है। यदि इसका सही उपयोग किया जाए, तो यह मानव समाज को उन्नति की ओर ले जा सकता है।

• स्वस्थ पर भरोसा क्यों नहीं करना चाहिए?
क्योंकि वो सब कष्ट बना लेते हैं।

Name= Kiran
Class= B.Sc. Physics Major
Roll no. = 1254100004

खोज की कहानी

विज्ञान क्या है, एक नई तलाश है। अनको ही कुछ हाथ लगा, जिनको पाने की प्यास है।
दीपी हुई घटनाओं को वैज्ञानिकों ने ढूँढ़ निकाला है।
विज्ञान की रोशनी ने किया जग में, अंधेरे से उजाला है।
फिर क्यों समझता हर कोई, इसे बेमानी है।
पढ़कर तो देखो यारो, नई-नई खोज की कहानी है,
जो खोज की कहानी है, ये खोज की कहानी है।

छोटी-छोटी बातों का राज, विज्ञान ने ही तो बताया है।
अंधविश्वास से परे विज्ञान की दुनिया,
जिसने वास्तविकता से मिलाया है।
न्यूटन के सिर पर जब सेब पड़ा,
अचानक से वो हुआ खड़ा।
सोचा, यह नीचे ही क्यों आया है,
तब जाकर उसने गुरुत्व बल समझाया है!
विज्ञान की पकड़ हमेशा, झूठ की काया हटानी है।
पढ़कर तो देखो यारो, नई-नई खोज की कहानी है,
जो खोज की कहानी है, ये खोज की कहानी है।

आगे लगे रहने से एक प्रयोग सफल होता है।
कुछ भी मिलता नहीं आसानी से,
कुछ पाने के लिए कुछ खोना होता है।
जो हो रही हैं घटनाएँ आस-पास, ये प्रमाण प्रगाढ़ का ही ज्ञान है।
विज्ञान ने जग को राह दिखाई, यह एक वरदान है।
सदियों से चली गलती, समस्याओं की,
की ज्योति, विज्ञान से ही बुझानी है।
पढ़कर तो देखो यारो, नई-नई खोज की कहानी है,
जो खोज की कहानी है, ये खोज की कहानी है।।

Himanshu
B.Sc. 2nd Sem.
Physics (Hon.)

तकनीक की उड़ान

विज्ञान की राह पर, सपनों की उड़ान,
तकनीक से जीती, अंतरिक्ष की शान।
AI की नजर, हर सवाल का जवाब,
तकनीक के इस ज्ञान से आगे जाने का ख्वाब।
इंटरनेट ने जोड़ा, दुनियाओं की पास,
चंद्रमा पर कदम, मंगल की है आस।
क्वांटम की दुनिया, मैक्स प्लैंक की जवानी,
तकनीक की उड़ान, अनंत की कहानी।
भविष्य की ऊर्जा से बिजली बनेगी,
अंधेरे में भी जीवन, तकनीक ने नई रोशनी जगाई।
तकनीक का वरदान, अनमोल सा साथ,
इंसान का काम छिना, रोबोट के हाथ।
माना तकनीक से पूरा होगा हर सपना,
पर स्क्रीन की दुनिया में, इंसान रखेगा अपना अपनापन।

Khushi
B.Sc. 2nd sem.
Physics Honours

A GLIMPSE OF ACTIVITIES

Together we grow, ,
together we create
change



DISTRICT LEVEL SCIENCE EXHIBITION

(31-01-2026)







COLLEGE LEVEL SCIENCE EXHIBITION (28-01-2026)





COMPUTER DEPARTMENT

NATIONAL SPACE DAY (23-08-2025)











ECONOMICS DEPARTMENT

- Declamation Competition on green energy , Globalisation and Inequality on 04/09/2025











- Educational Visit to PNB Framer training centre, Saccha Khera on 03/11/2025 in collaboration with Youth Red Cross Unit

COLLABORATIVE ACTIVITIES

In collaboration with Legal Literacy Cell, Youth Red Cross & Red Ribbon Club



COLLABORATIVE ACTIVITIES

In collaboration with Legal Literacy Cell, Youth Red Cross & Red Ribbon Club









4TH WORLD STATISTICS DAY CELEBRATION

















15 October 2025 – Workshop on "Statistical Data and Interpretation"
16 October 2025 – Storytelling with Data and Essay Writing Competitions

LEGAL LITERACY

ACTIVITIES AND STUDENTS PARTICIPATION













25th September 2025

Speech Competition

A speech competition was organized on 25th September 2025. Many students participated with great confidence and presented their views on important topics. The event was a huge success and encouraged students to improve their public speaking skills.

8th October 2026

Five Students Excel in District Level Legal Cell Competition

Five students from our college participated in the District Level Legal Cell Competition and secured positions on 8th October 2026. Their hard work and dedication made us proud.

10th December 2025

Human Rights Awareness Campaign

A Human Rights Awareness Campaign was organized from 2 to 10 December 2025. The aim was to spread awareness about human rights and the importance of equality, justice and respect for every individual.

TRIUMPH AT CRSU
INTER- ZONAL YOUTH FESTIVAL 2026









The vibrant three-day Inter-Zonal Youth Festival, hosted at Chaudhary Ranbir Singh University (CRSU) from 21st to 23rd January 2026, witnessed high-spirited participation and remarkable creative talent from across institutions.
The event celebrated youth creativity, traditional heritage and fine arts through diverse cultural and fine arts competitions.

Trophies in Fine Arts
- 1st Prize: Best Out of Waste / Installation — Saloni & Ritika
- 2nd Prize: Rangoli Competition — Karishma
- 2nd Prize: Poster Making — Nitu



Laurels in Cultural Dance
- 1st Prize: Solo Dance (Haryanvi)
- 2nd Prize: Group Dance (General)





Talent | Tradition | Togetherness

Service | Leadership | Social Change

NCC
SECTION

Building Character,
Serving Society .

Discipline Builds Leaders, Service
Builds a Better Tomorrow.

NCC

NCC ACTIVITIES

EARTH DAY CELEBRATION (23-04-2026)











Small efforts...
create a big Impact.

NCC

NCC ACTIVITIES

WORLD CREATIVITY AND INNOVATION DAY (21-04-2026)



NCC

NCC ACTIVITIES

SURYA NAMASKAR PROGRAMME (04-02-2026)











NCC

NCC ACTIVITIES

REPUBLIC DAY CELEBRATION 2026 (26-01-2026)













NCC

NCC ACTIVITIES

NATIONAL VOTERS DAY CELEBRATION (25-01-2026)











NCC

NCC ACTIVITIES

ARMY DAY CELEBRATION (15-01-2026)











NCC

NCC ACTIVITIES

EARTHQUAKE MOCK DRILL (09-12-2025)











NCC

NCC ACTIVITIES

NCC DAY CELEBRATION 2025 (24-11-2025)











NCC

NCC ACTIVITIES

NCC ENROLLMENT 2025-26 (03-09-2025)













NCC

NCC ACTIVITIES

DE WORMING DAY CELEBRATION (30-08-2025)









NCC

NCC ACTIVITIES

NCC RANK CEREMONY 2025-26 (29-08-2025)











NCC

NCC ACTIVITIES

NATIONAL SPACE DAY 2025 (23-08-2025)















NCC

NCC ACTIVITIES

INDEPENDENCE DAY CELEBRATION 2025 (15-08-2025)











SERVICE | COMMUNITY | SOCIAL RESPONSIBILITY

NSS
SECTION

Building Character,
Serving Society .

Serving Society, Building
Responsible Citizens.

NSS

NSS ACTIVITIES

ONE DAY CAMP ON 31-10-2025 ON ACCOUNT OF NATIONAL UNITY DAY











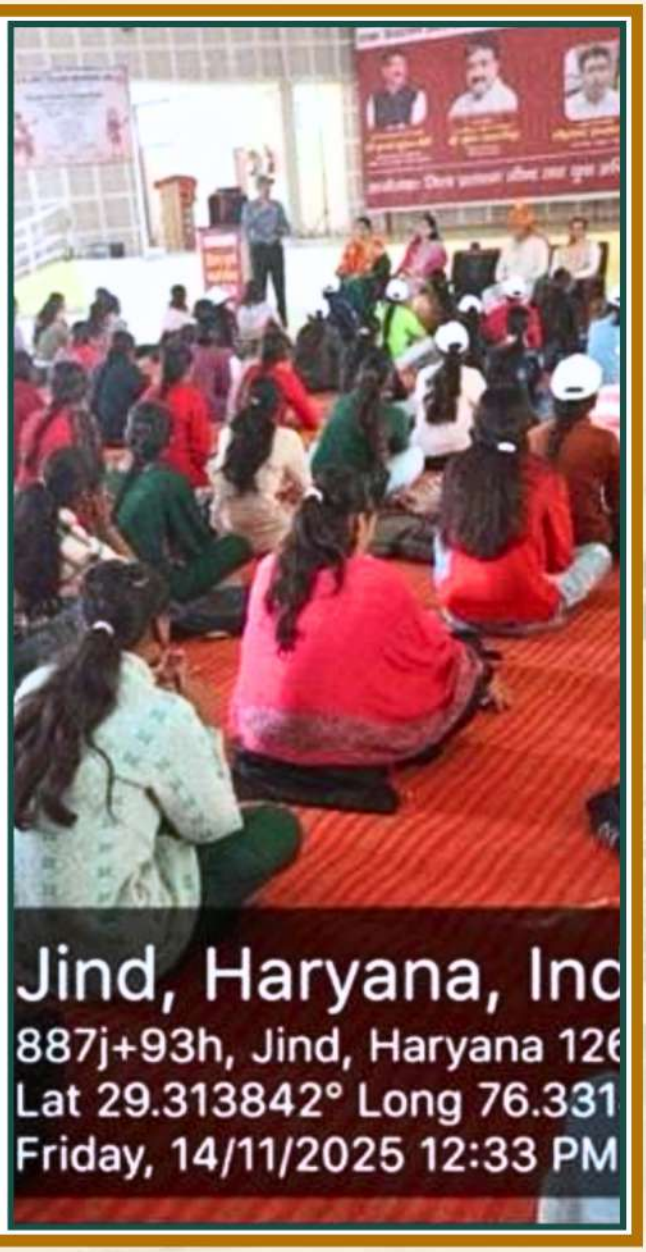
NSS

NSS ACTIVITIES

VANDE MATRAM AND SWADESHI SANKALP ON 14-11-2025







NSS

NSS ACTIVITIES

HEALTH CHECK-UP CAMP ON 29-11-2025







NSS

NSS ACTIVITIES

ONE DAY CAMP ON ACCOUNT OF VOTER'S DAY ON 25-01-2026



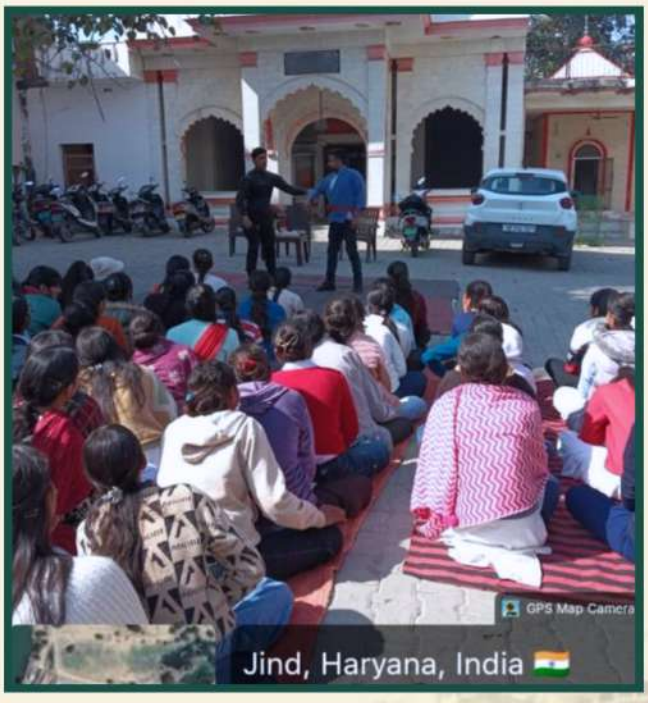




NSS

NSS ACTIVITIES

SEVEN DAYS SPECIAL CAMP FROM 08-02-2026 TO 14-02-2026









NTF ACTIVITIES

Promoting Mental Health & Students Well-being

National Task Force on Mental Health of Students



Healthy Mind | Brigher Future

WELLNESS TRAINING (20-02-2026)







A one-day training programme was organised for teaching, non-teaching staff and students, focusing on mental wellness and the well-being of students.

OPEN COUNCELLING (25-03-2026)











An open counselling session on mental health awareness was organised for staff and students by Psychologist Dr. Ravi Kumar.

AWARENESS LECTURE (28-04-2026)





A lecture was organised to promote awareness about mental wellness and the well-being of students.

Service | Friendship | Humanity



RED RIBBON CLUB

Together for a Healthier, Safer and Kinder World

YOUTH RED CROSS

District | Campus | Community



RED RIBBON CLUB

AWARENESS & OUTREACH ACTIVITIES 2025-2026











Service | Friendship | Humanity

YOUTH RED CROSS

Together for a Healthier , Safer and Kinder World

YOUTH RED CROSS

District | Campus | Community



YOUTH RED CROSS

DISTRICT LEVEL YOUTH RED CROSS CAMP 17-21,NOV 2025





YOUTH RED CROSS



Participation of Youth Red Cross Volunteers in one day training programme on Psychological First Aid for Mental Well-being and Suicide Prevention of Students on 20 February 2026

NEWS SECTION

GLIMPSE OF NEWS ARTICLES

स्वस्थ समाज में स्वयंसेविकाओं की भूमिका अहम

हरियाणा न्यूज / शिंर

महिला सेवा समिति एवं राष्ट्रीय सेवा योजना के संयुक्त तत्वावधान में स्वस्थ समाज में स्वयंसेविकाओं की भुनिका विषय पर एक दिवसीय कार्यक्रम का आयोजन किया गया। इस कार्यक्रम में मुख्य अतिथि के रूप में महाविद्यालव की प्राचार्य, प्रो. सुनीता ने स्वयंसेविकाओं को संवोधित किया। उनहोंने कहां कि स्वयंसेविकाएं समाज में स्वास्थ्य, स्वच्छता और जागरूकता फैलाने में महवपूर्ण भूनिका निभाती हैं। कार्यक्रम में पोस्टर प्रदर्शमी, नारे लेखम और समूह चर्चा भी आयोनिल की गई। अंत में सभी स्वयंसेविकाओं को स्वास्थ जीवन अपनाने की शपथ दिलाई गई।



महिला कॉलेज अव्वल

मैत्री हरियाणा न्यूज। महिला कॉलेज अधयल में आयोनित अंतमहादिद्यालव सांस्कृतिक एवं शैक्षिक प्रवियोंगिताओं में महिता कॉलेज मे प्रथम सथान प्राप्त किया। कार्यक्रम में कॉलेज की प्राचार्य ने छात्राओं को प्रोत्साहित करते हुए कहा कि शिक्षा के साथ-साथ सांस्कृतिक गतिवेंधियों में भाग लेना भी आवस्यव है। इस अवसर पर विजेता छात्राओं को सम्मान पत्र एवं पुरस्कर प्रदान किए गए।



अंतर महाविद्यालव प्रवियोंगिता में विजेता छात्राओं के साथ प्राचार्य एवं अन्य गणमान्य अतिथि।

Sports 1500 मीटर में स्वर्णिम ने मारी बाजी

मैत्री हरियाणा न्यूज। नेशलल मेस्स की 1500 मीटर दौड़ में स्वर्णिम ने स्वर्ण पदक जीतकर अपने महाविद्यालय का नाम रोशन किया। प्रतियोगिता में देशभर की विभिन्त टीमों ने भाग लिया। स्वर्णिम ने अपनी शावदार दौड़ के दम पर पहला स्थान प्राप्त किया। इस उपलब्धि पर कॉलेज प्राचार्य ने उसें वधाई दी ओर उज्ज्वल भविव्य की कामना की।







स्वर्णिम ने 3:57 का समय लेकर यह उपलब्धि प्राप्त की।इस अवसर पर खेल विभाग के अधिकारियों ने उनकी सराहना की और आगे भी वेहतर प्रदर्शन की उम्मीद जताई।

स्वस्थ समाज में स्वयंसेविकाओं की भूमिका अहम

मैत्री हरियाणा न्यूज। महिला सेवा समिति एवं राष्ट्रीय सेवा योजना के संयुक्त तत्वावधान में स्वस्थ समाज में स्वयंसेविकाओं की भूमिका विषय पर एक दिवसीय कार्यक्रम का आयोजन किया गया। इसमें स्वास्थ्य, स्वच्छता और जागरूकता को वढ़ावा देने पर चर्चा की गई। अंत में सभी स्वयंसेविकाओं को शपथ दिलाई गई।



कार्यक्रम में उपस्थित स्वयंसेविकाएं व प्राचार्य सहित अन्य गणमान्य अंतिथि।

स्वतंत्रता महोत्सव: एक छात्राओं का सम्मान

मैत्री हरियाणा न्यूज। स्वतंत्रता दिवस के उपलब्ध में आयोलित कार्यक्रम में उत्कृट प्रदर्शन करने वाली छात्राओं को सममानित किया गया। कॉलेज प्राचार्य ने अपने संवीथम में कहा कि देश की आजादी के लिए अमेक वीरों ने वलिदान दिया है। हमें उनके आदर्शों पर चलकर देश की सेवा करनी चाहिए। कार्यक्रम में सांस्कृतिक।



स्वतंत्रता दिवस समारोह में उपस्टिव प्राचार्य, अतिथिगण एवं छात्राएं।

गिरिरांजेन्द्र में मेट्रोथॉन में अभिर्य्यांयों की क्षमता

मैत्री हरियाणा न्यूज। गिरिसज्ञव कॉलेज में आयोतिल मेदोयोन प्रवियोगिता में छात्राओं ने वद-चदकर भाग लिया। इस प्रतियोगिता में विग्भिन खेलों एवं सांस्कृतिक कार्यक्रमों का आयोजन किया गया। छात्राओं ने अपने हुनर और प्रदर्शन से सभी का मन जीत लिया।



प्रदर्शमी में भाग लेने वाली छात्राएं एवं निर्णायक मंडल के सदस्य। कार्वक्रम में कॉलेज की प्राचार्य एवं प्राध्यापकगण भी उपस्थित रहे।

छात्रा आशा का कॉन्फ्रेंस के पक्ष पर कदम

मैत्री हरियाणा न्यूज। छात्रा आशा मे समाज में छात्राओं को आत्मनिर्भर वनाने के लिए कॉन्फ्रेंस के पक्ष पर कदम वढ़ाया। उनहोंने कहा कि शिक्षा और कौशल के माध्यम से छात्राएं। अपने सपनों को पुरा कर सकती है। इस अवसर पर कई गणमान्य अतिथि उपस्थित रहे। कार्यक्रम का समापन राष्ट्रमान के साथ हुआ।



कॉन्फ्रेंस के दौरान उपस्थित प्राचार्य, अतिथिगण और छात्राएं।

NEWS SECTION

INFORM • INSPIRE • CONNECT

my city # हम लोग

जोनल यूथ फेस्टिवल में नृत्य से छात्राओं ने मोह लिया मन

पीआईजी महिला कॉलेज में हुआ दो दिवसीय पाचवां जोनल यूथ फेस्टिवल



कार्यक्रम में सांस्कृतिक प्रस्तुति देती छात्राएं। संवाद

05

महाविद्यालयों के प्रतिभागियों ने सम्मारोह में लिया हिस्सा

तीनों मंचों पर कार्यक्रमों से बांधा समा

दैनिक सवेरा टाइम्स

भाएं हर क्षेत्र में अपनी प्रतिभा का हर क्षेत्र में कर रही हैं उत्कृष्ट प्रदर्शन : सत्यवान मलि

सवेरा न्यूज/नरेंद्र

- राजकीय महिला महाविद्यालय, जींद में दो दिवसीय सांस्कृतिक कार्यक्रम 'वसंत उत्सव 2026' का भव्य आयोजन



कार्यक्रम में प्रस्तुति देती छात्राएं।

यह रहे परिणाम

epaper.dainiksaveratimes.in

Fri, 13 February 2026

epaper.dainiksaveratimes.in/c/79160172

सांस्कृतिक कार्यक्रम वसंत उत्सव 2026 का भव्य आयोजन–डा.जय नारायण गहलावत



अंतर-जिला विज्ञान प्रदर्शनी में राजकीय महिला महाविद्यालय के मॉडल छाए रहे

प्रतियोगिता में राजकीय महिला महाविद्यालय की छात्राओं ने मारी बाजी





तिरंगा यात्रा निकालते छात्राएं व साथ में मौजूद स्टाफ के सदस्य। फोटो : कॉलेज

कॉलेज से पुलिस लाइन तक निकाली तिरंगा यात्रा

संवाद न्यूज एजेंसी

जींद। राजकीय महिला महाविद्यालय जींद में हर घर तिरंगा अभियान के तहत तिरंगा यात्रा का आयोजन किया गया। इसकी अध्यक्षता प्राचार्य जय नारायण की ओर से हरी झंडी दिखाकर की गई।

यह तिरंगा यात्रा महाविद्यालय प्रांगण से शुरू होकर पुलिस लाइन तक करवाई गई। प्राचार्य ने कहा कि इस तिरंगा यात्रा का मुख्य उद्देश्य छात्राओं व आम जनता को देश सेवा व देश प्रेम के प्रति जागृत करना था।

इसमें राष्ट्रीय सेवा योजना की स्वयं सेविकाओं ने चढ़ चढ़कर भाग लिया। इस अवसर पर प्रीति, डॉ. सुमन खर्ब, नरेंद्र, जितेंद्र शर्मा व मयंक जोशी भी मौजूद रहे।

राजकीय महिला कॉलेज में सैमीनार आयोजित

जींद, 21 जनवरी (ललित) : राजकीय महिला कॉलेज में एक दिवसीय राष्ट्रीय सैमीनार का सफल आयोजन किया गया। इसका विषय गणित एक बहू विषयक दृष्टिकोण रहा।

कार्यक्रम का शुभारंभ दीप प्रज्वलन के साथ किया गया। कार्यक्रम के उद्घाटन समारोह के मुख्यातिथि एस.एस.पी. आई.पी.एस. कुलदीप रहे। कार्यक्रम की अध्यक्षता महाविद्यालय के प्राचार्य डॉ. जय नारायण गहलावत ने की।



कार्यक्रम का शुभारम्भ करते हुए।

कार्यक्रम के संयोजक डॉ. डॉ. अल्पना शर्मा रहे। कार्यक्रम के आयोजन सचिव एवं आई.क्यू.ए.सी. संयोजक डॉ. संदीप शर्मा ने मंच का संचालन किया।

महाविद्यालय के प्राचार्य ने राष्ट्रीय प्रतिभागियों का स्वागत किया एवं उन्होंने सैमीनार के विषय में युवा पीढ़ी का आह्वान किया कि आज का दौर प्रतिस्पर्धा का दौर है और इसमें आगे बढ़ने के लिए गणित विषय में पारंगत होना नितांत आवश्यक है।

मुख्य वक्ता के रूप में डॉ. सचिन वशिष्ठ दिल्ली विश्वविद्यालय, डॉ. आशुतोष शर्मा डॉ. अशोक कुमार (पूर्व प्राध्यापक) महर्षि दयानंद विश्वविद्यालय रोहतक रहे। सभी प्रतिभागियों ने अपने शोध पत्र प्रस्तुत किए। कार्यक्रम के संयोजक एवं सह संयोजिका ने बताया कि अकादमिक आयोजनों से विद्यार्थियों और शोधार्थियों में अनुसंधान की भावना विकसित होती है और बताया कि गणित न केवल एक विषय है बल्कि आधुनिक तकनीकों की आधारशिला है। समापन सत्र के मुख्यातिथि डॉ. आनंद कुमार, सदस्य हरियाणा लोक सेवा आयोग को सराहा एवं निरंतर शोध कार्य करने के लिए प्रोत्साहित किया।

मंच संचालक एवं आयोजन सचिव डॉ. संदीप शर्मा ने बताया कि 90 से अधिक शोध पत्र प्रस्तुत किए गए, जिसमें हरियाणा सहित देश के अन्य भागों से शोधार्थी प्रतिभागी रहे।

इस अवसर पर नरेंद्र कुमार, डॉ. सुमिता आसरी, डॉ. प्रतिभा, आशी मित्तल, प्रियंका, विक्रम गुप्ता, डॉ. मंजू शर्मा सहित आयोजन समिति के सभी सदस्यों के साथ समस्त महाविद्यालय

NEWS SECTION

INFORM • INSPIRE • CONNECT

राजकीय महिला कालेज जींद में एमए इंग्लिश, एमकाम, मैथ आनर्स कोर्स शुरू

एमए इंग्लिश और एमकाम में 40-40 सीट, इसी सत्र में हो जाएंगे दाखिले

सीआरएसयू में दाखिले के लिए आवेदन शुरू

विद्यार्थियों ने दिया नशामुक्त का संदेश

स्कूल में रंगोली प्रतियोगिता और नुक्कड़ नाटक का आयोजन

राजकीय महिला महाविद्यालय में मेधावी विद्यार्थियों को सम्मानित करते स्टाफ सदस्य।

दैनिक सवेरा

34/44

विद्यार्थियों के शैक्षणिक विकास के लिए प्रतियोगिताएं जरूरी : प्राचार्य

प्रदर्शनी का अवलोकन करते मुख्यातिथि।

सवेरा न्यूज/नरेंद्र जींद, 31 जनवरी : राजकीय महिला महाविद्यालय में शनिवार को अंतर-जिला विज्ञान प्रदर्शनी का आयोजन किया गया। कार्यक्रम की

इंडिया टाइमर

INDIA TIMER

महिला कॉलेज में छाई सांस्कृतिक घटा

क्षेत्रीय युवा समारोह में 5 कॉलेज के प्रतिभागियों ने लिया हिस्सा

डिप्टी स्पीकर, वीसी, पूर्व वीसी ने की शिरकत

कार्यक्रम • कोरियोग्राफी में राजकीय महिला महाविद्यालय जींद रहा प्रथम

आ जा तुझे हरियाणा की सैर करा दूं... गीत पर नृत्य से बांधा समां

ये रहे परिणाम

दैनिक भास्कर

जींद भास्कर 14-09-2025

प्रतियोगिता • राजकीय पीजी कॉलेज में जिला स्तरीय विज्ञान प्रश्नोत्तरी

राजकीय कॉलेज, प्रियदर्शनी महिला कॉलेज जींद और राजकीय कॉलेज सफीदों प्रथम

स्लोगन प्रतियोगिता में बीए तृतीय वर्ष की काशी रही प्रथम

प्रतियोगिता में भाग लेने वाली छात्राएं अपने स्लोगन दिखाती हुई। • सौ. वाट्सएप

जींद : राजकीय महिला कालेज में समाजशास्त्र विभाग की ओर से मंगलवार को डिजिटल एडिक्शन विषय पर स्लोगन लेखन प्रतियोगिता का आयोजन किया गया। इस प्रतियोगिता का संचालन समाजशास्त्र विभाग की विभागाध्यक्ष डा. सुमन ने किया। प्रतियोगिता में बीए तृतीय वर्ष की छात्रा काशी ने प्रथम स्थान प्राप्त किया, जबकि द्वितीय वर्ष की तनु ने दूसरा और प्रथम वर्ष की पारुल व प्रिया ने तीसरा स्थान हासिल किया। कार्यक्रम का मुख्य उद्देश्य छात्राओं को मोबाइल फोन और सोशल मीडिया के अत्यधिक उपयोग से होने वाले दुष्प्रभावों के प्रति जागरूक करना था। प्रतियोगिता में बड़ी संख्या में विद्यार्थियों ने उत्साहपूर्वक भाग लिया और प्रभावशाली स्लोगनों के माध्यम से डिजिटल लत के नुकसान तथा संतुलित जीवन के महत्व को प्रस्तुत किया।

राजकीय महिला महाविद्यालय, जींद में द्वि-दिवसीय विश्व सांख्यिकी दिवस समारोह सफल

सवेरा न्यूज/नरेंद्र

जींद, 17 अक्तूबर : राजकीय महिला महाविद्यालय में चौथे विश्व सांख्यिकी दिवस के अवसर पर आल इंडिया सर्वे ऑन हॉयर एजुकेशन के तत्वावधान में डॉ. हिमांशु गर्ग, ए.आई.एस.एच.ई, नोडल ऑफिसर द्वारा दो दिवसीय कार्यक्रम सफलतापूर्वक आयोजित किया गया। 15 अक्टूबर को सांख्यिकीय डेटा एवं व्याख्या विषय पर कार्यशाला का आयोजन हुआ, जिसका उद्देश्य विद्यार्थियों में डेटा विश्लेषण और सांख्यिकी के प्रति रुचि जागृत करना था। प्राचार्या जे.एन. गहलावत ने बताया कि डेटा का विश्लेषण समाज, शिक्षा के विकास के लिए अत्यंत आवश्यक है। मुख्य वक्ता, वाणिज्य विभाग की सहायक प्राध्यापिका डॉ. मनीषा दलाल ने सांख्यिकी के महत्त्व और इसके व्यावहारिक उपयोग पर प्रकाश डाला। साथ ही एम.कॉम की छात्रा तनिशा ने उदाहरणों के माध्यम से आंकड़ों की उपयोगिता समझाई। कार्यशाला की संयोजिका डॉ. हिमांशु गर्ग, नोडल ऑफिसर ने उच्चतर शिक्षा सर्वेक्षण के

प्रतियोगिता में भाग लेती छात्राएं।

उद्देश्यों, उसकी प्रक्रिया तथा डेटा की पारदर्शिता एवं सटीकता पर प्रकाश डाला और बताया कि ऑल इंडिया सर्वे के माध्यम से प्राप्त आँकड़े देश में उच्चतर शिक्षा की गुणवत्ता सुधारने और नीति निर्माण में अहम भूमिका निभाते हैं। दूसरे दिन छात्राओं की रचनात्मकता एवं सांख्यिकीय ज्ञान को प्रोत्साहित करने हेतु स्टोरीटेलिंग विद डेटा और निबंध लेखन आयोजित किए गए। स्टोरीटेलिंग का विषय डेटा फॉर ए बैटर टुमारो था, जिसमें छात्राओं ने डेटा के माध्यम से महिला सशक्तिकरण, लघु और मध्यम उद्यमों का विकास और सतत विकास जैसे विषयों पर प्रभावशाली प्रस्तुतियां दीं। स्टोरीटेलिंग में बी.एस.सी. कक्षा की मुस्कान, अंशु देवी तथा बी.ए. कक्षा की अन्नू की प्रस्तुतियों ने सभी का ध्यान आकर्षित किया। निबंध लेखन में विषय राष्ट्र निर्माण में सांख्यिकी की भूमिका और युवा और डेटा बेहतर भविष्य का सशक्तिकरण थे, जिसमें मुस्कान, मीनू, स्नेहा और प्रिया की प्रस्तुतियां विशेष रूप से सराहनीय रहीं। डॉ. हिमांशु गर्ग ने विद्यार्थियों को लेखन शैली और प्रभावी बोलने के कौशल में मार्गदर्शन दिया। शिक्षकों और छात्राओं की सक्रिय भागीदारी ने दोनों दिन के कार्यक्रमों को ज्ञानवर्धक, प्रेरणादायी और यादगार बनाया।

विद्यार्थियों को सांख्यिकीय उपकरणों और उनकी व्यावहारिक उपयोगिता के बारे में दी जानकारी

जींद : कार्यशाला में भाग लेती छात्राएं।

केसरी

FRI, 17 OCTOBER 2025 EDITION: JIND KESARI, PAGE NO. 4

शुक्रवार FRIDAY, 17 अक्तूबर 2025

सांख्यिकी डेटा एवं व्याख्या विषय पर कार्यशाला आयोजित

NEWS SECTION

INFORM • INSPIRE • CONNECT



ा विज्ञान प्रदर्शनी में इच्छा व रि

राजकीय महिला महाविद्यालय में आयोजित विज्ञान प्रदर्शनी में मॉडलों का अवलोकन करते हुए मुख्यातिथि एसडीएम सपयान मलिक। ● जागरण

महाविद्यालय नाकाना से प्रथम व पूर्णा ने प्रथम, राजकीय महाविद्यालय जींद से तमन्ना व बबीता व राजकीय महिला महाविद्यालय जींद से अनुष्का व माहक ने दूसरा स्थान हासिल किया। सर्वश्रेष्ठ व्याख्याता राजकीय महाविद्यालय जींद से हर्षिता रही। स्थायन विज्ञान में राजकीय महिला महाविद्यालय जींद से अंकिका व पीनाली प्रथम, राजकीय महाविद्यालय चीका से नेहा व प्रिति दूसरे स्थान पर रहे। सर्वश्रेष्ठ व्याख्याता राजकीय महिला महाविद्यालय चीका से मंजीत कौर रही। कंप्यूटर विज्ञान में राजकीय महाविद्यालय जींद से भावना व तमन्ना ने प्रथम, राजकीय महिला महाविद्यालय चीका से मंजीत कौर दूसरे स्थान पर रही। सर्वश्रेष्ठ व्याख्याता राजकीय महिला महाविद्यालय जींद से सलोनी रही।

मोबाइल फोन का अत्यधिक प्रयोग डालेगा दुष्प्रभाव : सुमन



जींद, ब्यूरो (इंडिया टाइमर) : राजकीय महिला महाविद्यालय जींद में समाजशास्त्र विभाग के अंतर्गत डिजिटल एडिक्शन विषय पर स्लोगन लेखन प्रतियोगिता का आयोजन किया गया। इस कार्यक्रम का संचालन समाजशास्त्र विभाग की विभागाध्यक्ष डॉ सुमन ने किया। इस कार्यक्रम का मुख्य उद्देश्य

युवा शक्ति ही विकसित भारत की आधारशिला : जयनारायण



एनएसएस शिविर के शिविरार्थी को शुभारंभ के अवसर पर प्रभारी का स्वागत करते कार्यक्रम अधिकारी और अन्य सेवक। ● जागरण

संवाद न्यूज एजेंसी

जींद। राजकीय महिला महाविद्यालय की राष्ट्रीय सेवा योजना इकाई के सात दिवसीय शिविर का शुभारंभ प्रभारी जयनारायण गहलावत की अध्यक्षता में रही। इस अवसर पर मुख्यातिथि पांडु पिंडारा ने किया गया। शिविर की थीम युवा सशक्तिकरण द्वारा विकसित भारत रखी गई है।

पांडु पिंडारा में हुआ सात दिवसीय एनएसएस शिविर का शुभारंभ

युवा शक्ति ही विकसित भारत की आधारशिला : जयनारायण



एनएसएस शिविर के शिविरार्थी को शुभारंभ के अवसर पर प्रभारी का स्वागत करते कार्यक्रम अधिकारी और अन्य सेवक। ● जागरण

संवाद न्यूज एजेंसी

पांडु पिंडारा में हुआ सात दिवसीय एनएसएस शिविर का शुभारंभ

राजकीय महिला कॉलेज में मनाई गई वंदे मातरम की 150वीं वर्षगांठ



शिक्षकों और छात्रों ने लिया स्वदेशी का संकल्प

द, ब्यूरो (इंडिया टाइमर): आई.जी. राजकीय महिला विद्यालय, जींद में एनएसएस ाई-1 एवं इकाई-2 के संयुक्त ावधान में राष्ट्रीय गीत वंदे तरम की 150वीं वर्षगांठ एवं देशी संकल्प कार्यक्रम का भव्य योजन किया गया। कार्यक्रम की अध्यक्षता विद्यालय के प्राचार्य डॉ. जय नारायण गहलावत की। इस अवसर पर दोनों इकाइयों के एनएसएस यंसेवकों ने उत्साह एवं देशभक्ति की भावना के थ कार्यक्रम में भाग लिया। कार्यक्रम का शुभारंभ देशी संकल्प शपथ से किया गया, जिसमें वातावरण में देशभक्ति और एकता संदेश गूंज उठा। इस गरिमा अवसर पर महाविद्यालय में वि अतिथि के रूप में पद्मश्री महा गुड्डू , जितेन्द्र शर्मा, डॉ. सु आशरी ने अपनी उपस्थिति कार्यक्रम की शोभा बढ़ाई। प महावीर गुड्डू ने स्वदेशी आंदोलन, भार कला की समृद्धि तथा राष्ट्रप्रेम पर प्रेरक विचार स किए। प्राचार्य जय नारायण गहलावत ने अपने स में विद्यार्थियों को राष्ट्रप्रेम, एकता एवं आत्मनि भारत के मूल्यों को अपनाने तथा देशहित सकारात्मक योगदान देने की प्रेरणा दी। उन्होंने

लोकगायक ने अपने गीतों से दिखाई हरियाणा की झलक

प्रियदर्शिनी इंदिरा गांधी राजकीय महिला महाविद्यालय में हुआ जिला युवा महोत्स

संवाद न्यूज एजेंसी



जींद। प्रियदर्शिनी इंदिरा गांधी राजकीय महिला महाविद्यालय में सोमवार को प्रसिद्ध लोकगायक रामकेश जीवनपुर ने "ए पहले आली हाक रही न पहले आला पानी" गीत गाकर दर्शकों को मंत्रमुग्ध कर दिया। उनके गीतों पर छात्र-छात्राएं झूम उठे और हरियाणा की सांस्कृतिक धरोहर का अद्भुत प्रदर्शन किया।

जिला युवा एवं उत्सव विकास विभाग की ओर से महाविद्यालय में जिला युवा महोत्सव का शुभारंभ हुआ। महोत्सव

NEWS SECTION

INFORM • INSPIRE • CONNECT

कोई छेड़े तो चिल्लाएं, डायल 1090 पर तत्काल करें कॉल

अमर उजाला अपराजिता 100 MILLION SMILES

संवाद न्यूज एजेंसी

जींद। राजकीय महिला कॉलेज में अमर उजाला फाउंडेशन की तरफ से सफर में सुरक्षा विषय पर अपराजिता कार्यक्रम हुआ। कॉलेज की असिस्टेंट प्रोफेसर प्रियंका ने छात्राओं को सफर में छेड़छाड़ और अपराधिक प्रवृत्ति के लोगों से बचने के उपाय बताए।

कहा, अपनी सुरक्षा अपने हाथ में होती है। कोई आपको छेड़े तो जोर से चिल्लाएं, विरोध करें और डायल 1090 पर सूचित करें। ऐसा करते ही चंद मिनटों में पुलिस मदद के लिए पहुंच जाएगी।

असिस्टेंट प्रोफेसर प्रियंका ने कहा, आप स्कूटी पर, गाड़ी में या बस में हों और आपको किसी तरह की घटना का संदेह हो तो तुरंत आसपास के लोगों को जरूर बताएं। कभी भी असमान्य हरकत नजरअंदाज न करें। ऐसा करने से अपराधिक प्रवृत्ति के लोगों की हिम्मत बढ़ती है।

प्राचार्य जयनारायण गहलावत ने कहा, छात्राओं को घबराने की जरूरत नहीं है। बस में कभी कोई परेशानी हो तो चालक और परिचालक को सूचित करें। महिला हेल्पलाइन नंबर पर कॉल करें। फोन कर अपने परिजनों को भी बताएं। कहा, कॉलेज आते-जाते रास्ते जानकारी दे सकती है। अपराजिता कार्यक्रम में कॉलेज की 120 से अधिक छात्राओं ने भगा लिया। मौके पर ईशा बसंल व सुमन भी



राजकीय महिला कॉलेज में वीरवार को अमर उजाला फाउंडेशन की ओर से आयोजित अपराजिता कार्यक्रम में मौजूद छात्राएं। संवाद

राजकीय महिला कॉलेज जींद में सफर में सुरक्षा विषय पर छात्राओं के लिए हुआ अपराजिता कार्यक्रम

पेन, मोबाइल, स्कार्फ से आत्मरक्षा के तरीके बताए

प्रियंका ने छात्राओं को पेन, मोबाइल और स्कार्फ से आत्मरक्षा के तरीके बताए। इसके अलावा अन्य शारीरिक मारपीट से होने वाले हमलों से बचने की तकनीक भी बताई। उन्होंने छात्राओं को आत्मरक्षा के लिए कराटे सीखने की भी सलाह दी।



पहले दिन राजकीय पीजी कॉलेज
महिला कॉलेज में 11 ने लिया दाखिला
4 पास कर सकेंगे पीस, 5 को फिजिकल कार्डसिटिंग



सांस्कृतिक विरासत को समझें : प्राचार्य
राजकीय इंदिरा प्रियदर्शिनी महाविद्यालय में मनाई गई मकर संक्रांति
संवाद न्यूज एजेंसी

जींद। राजकीय इंदिरा प्रियदर्शिनी महाविद्यालय में बुधवार को सांस्कृतिक एवं पारंपरिक तरीके से मकर संक्रांति पर्व मनाया गया। इसका उद्देश्य विद्यार्थियों को भारतीय संस्कृति, परंपराओं और सामाजिक मूल्यों से जोड़ना रहा।

कार्यक्रम की अध्यक्षता प्राचार्य जयनारायण गहलावत ने की पर्व। उन्होंने कहा कि मकर संक्रांति भारतीय संस्कृति का महत्वपूर्ण पर्व है जो सूर्य के उत्तरायण होने का प्रतीक है। यह पर्व नई शुरुआत, सकारात्मक ऊर्जा और आपसी सद्भाव का संदेश देता है। उन्होंने विद्यार्थियों से अपील की कि वे अपनी सांस्कृतिक विरासत को समझें और उसे अपने जीवन में अपनाएं।

मकर संक्रांति पर डांस करतीं अध्यापिकाएं। संवाद

गुड़ और मूंगफली खाते हुए त्योहार को सहायक होते हैं। मौके पर डॉ. सुमिता मनाया। महाविद्यालय के शिक्षकों ने आहारी, डॉ. प्रीति, डॉ. नरेंद्र, डॉ. जितेंद्र, कहा कि इस तरह के आयोजन डॉ. रमेश कुमार, डॉ. मंजू शर्मा और डॉ.



गेरियोग्राफी में महिला कालेज जींद रहा



विद्यार्थियों ने किया नृत्य, माडल किए प्रस्तुत
यदर्शिनी इंदिरा गांधी राजकीय महिला महाविद्यालय में दो दिवसीय जिला युवा महोत्सव का आगा



आ जा तुझे हरियाणा की सैर क
... गीत पर नृत्य से बांधा समां

ओं एड्स से बचाव के बारे में बताया
कीय महिला महाविद्यालय में मंगलवार को रेड रिबन क्लब और
ल के संयुक्त तत्वावधान में एचआईवी एड्स व मानवाधिकारों प
कार्यक्रम आयोजित हुआ। कार्यक्रम का उद्देश्य छात्राओं में मान
थाम और कानूनी जागरूकता के प्रति संवेदनशीलता विकसित क
यनारायण गहलावत ने छात्राओं को मानवाधिकारों के सम्मान और
व-मुक्त व्यवहार का महत्व समझाया। लीगल लिटरेसी सेल इंचा
र रेड रिबन क्लब इंचार्ज उर्मिला शर्मा ने छात्राओं को मानवाधिक
दिलवाई। एड्स काउंसलर राजेंद्र ने एचआईवी एड्स के कारण,
ायों के बारे में जानकारी दी। संवाद

INTERNSHIP PROGRAM

An internship programme conducted by RSETI under Punjab National Bank, Jind, at GCW Jind.













Students received practical training in fast food preparation, gaining hands-on experience and developing useful culinary skills..

INTERNSHIP PROGRAM









The programme included practical training sessions and group activities that encouraged students to develop useful skills, confidence, and teamwork.

INTERNSHIP PROGRAM











The programme provided students with practical training in jewellery making, helping them develop creative skills and gain hands-on experience.

“ज्ञानात्र परतरं न हि ”

“Knowledge has no comparison.”

